Clayton Elementary & SunnySide OCTOBER 2024 Breakfast Menu

Health-e Pro 📛



MON Stuffed Egg & **Cheese Hashbrown** 100% Fruit luice Whole Fresh Fruit Choice of Milk

21

28

WHOLE FRESH FRUIT OFFERED DAILY

French Toast Sticks

29

School Closed *Inservice Day*

Apple Bites

100% Fruit Juice Whole Fresh Fruit Choice of Milk

BagelFul

100% Fruit Juice Whole Fresh Fruit Choice of Milk

TUE

Breakfast Bun

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Pancakes

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Apple or Cherry

Strudel

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Breakfast Bun

100% Fruit luice

Whole Fresh Fruit

Choice of Milk

WED

Pigglestick

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Donuts

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Sausage, Egg and

Cheese English

Muffin

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Muffin flat

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

THU

FRI

Southern Breakfast Sandwich

100% Fruit Juice Whole Fresh Fruit Choice of Milk

11

Cinni Minis

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Pull-Apart Donut

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Breakfast Wrap

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

24

100% Fruit Juice

Whole Fresh Fruit Choice of Milk

Dutch Waffle

Ultra Bread

100% Fruit luice

Whole Fresh Fruit

Choice of Milk

Homecoming

Muffins

100% Fruit Juice Whole Fresh Fruit Choice of Milk

25

side.

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Cereal Blast Waffle

Additional Entrees Offered

Daily

1 ounce Cereal w/ Graham Cracker NutriGrain Bar w/ Graham Cracker 1 pack PopTart w/ Graham Cracker Yogurt w/ Graham Cracker

> **Monday and Friday** Munchable cup

> > **Wednesday Apple Nachos**

Tuesday and Thursday Smoothie w/ Graham Cracker

MENU SUBJECT TO CHANGE



MEAL PRICES

Student Breakfast: \$.80 Student Extra Entrees: \$1.00 Adult Breakfast: \$3.25 **Adult Breakfast Entrée Only: \$1.75**

This institution is an equal opportunity provider

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information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws. Inquiries should be directed to the District

Superintendent, Federal Nondiscrimination Statement on reverse

Choice of Milk

30

23

Pigglestick

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Southern Breakfast **Sandwich** 100% Fruit Juice Whole Fresh Fruit

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Grab & Go Breakfast Menu OCTOBER 2024

Health-e Pro



HOLE FRESH
HOLE PRESH
FRUIT
IKOII
OFFERED
O E K E D
DAIIY

TUE

WED

THU

FRI

Additional Entrees Offered

Grab & Go Breakfast is

MON

Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Sunrise Stick 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Egg & Cheese on **English Muffin** 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Ultra Bread 100% Fruit luice Whole Fresh Fruit Choice of Milk

available at: **Smyrna Elementary North Smyrna Elementary Clayton Intermediate** John Bassett Moore

Cereal Pouches

100% Fruit luice Whole Fresh Fruit Choice of Milk

Mini Maple Waffles

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Donut Holes

100% Fruit luice Whole Fresh Fruit Choice of Milk

Cinni Minis

100% Fruit Juice Whole Fresh Fruit Choice of Milk

PopTart

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Homecoming



21

School Closed *Inservice Day* 15

Cereal Bar

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Breakfast Stuffer

100% Fruit Juice Whole Fresh Fruit Choice of Milk

24

Pull-Apart Donut

100% Fruit Juice Whole Fresh Fruit Choice of Milk

11

Muffin

100% Fruit Juice Whole Fresh Fruit Choice of Milk

25

Fruit Loop Waffle

100% Fruit Juice Whole Fresh Fruit Choice of Milk

MENU SUBJECT TO CHANGE



Student Breakfast: \$.80 Student Extra Entrees: \$1.00 Adult Breakfast: \$3.25 **Adult Breakfast Entrée Only: \$1.75**

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Apple Bites

100% Fruit Juice Whole Fresh Fruit Choice of Milk

22

PopTart

100% Fruit Juice Whole Fresh Fruit Choice of Milk

23

Muffin flat

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Breakfast Wrap

100% Fruit Juice Whole Fresh Fruit Choice of Milk

28

Cereal Bar

100% Fruit Juice Whole Fresh Fruit Choice of Milk

29

Breakfast Bun

100% Fruit Juice Whole Fresh Fruit Choice of Milk

30

Sunrise Stick

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Egg & Cheese on **English Muffin** 100% Fruit Juice Whole Fresh Fruit Choice of Milk

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Kindergarten- 6th Grade OCTOBER 2024 Lunch Menu

Health-e Pro

MON

TUE

WED

THU

FRI

WHOLE FRESH FRUIT OFFERED DAILY Chicken Patty Sandwich

Emoji Fries Vegetarian Baked Beans Applesauce Beefaroni w/ Breadstick

Steamed Green Beans Vegetable Blend Diced Peaches Chicken Poppers w/
Dinner roll

Crinkle Cut Fries Celery & Carrot Sticks w/ Dip Apple Slices 4 Cheese Quesadilla



or Taco

Fiesta Corn Salsa Cup Pineapple cup

Breakfast For Lunch Chicken & Waffle

> Honey Carrots V-Blend Juice Frozen Fruit Cup

> > **NSLW**

School Closed

Inservice Day

Pasta & Meatballs w/ Dinner Roll

Vegetable blend Side Garden Salad Mixed Fruit Cup

Chicken Nuggets w/

Dinner Roll

Mashed Potatoes &

Gravv

Vegetable Blend

Apple Slices

Cheeseburger or Hot Dog

Cowboy Baked Beans Emoji Fries Sidekick

BBQ Beef Rib

Sandwich

or

Fish Sticks

w/ Cornbread

Steamed Corn

Ranchero Baked Beans

Frozen Fruit Cup

Pizza Palooza

10

Homemade Pizza

Steamed Broccoli Cucumber Cup Diced Peaches

Beef & Cheese

Nachos

Baked Potato

Steamed Broccoli

Mixed Fruit Cup

11 Cheesesteak or Pizza Crunchers

Marinara sauce Steamed Green Beans Apple Slices

Homecoming

18 Stuffed Crust Pizza or French Bread Pizza

Baby Carrots w/ Dip Steamed Green Beans Cool Tropic

21

Chicken Bites w/ Dinner roll

BBQ Baked Beans Vegetable Medley Sidekick Breakfast For Lunch

Pancakes Chicken Sausage

Baked Sweet Potatoes Spinach Side Salad Orange Slices 23 Mac & Cheese w/

BreadstickSteamed Green Beans
Buffalo Cauliflower
Diced Peaches

24 Mandarin Orange Chicken w/ Rice & Roll or

Chicken & Vegetable
Dumplings

Steamed Broccoli Orange Glazed Carrots Mandarin Orange Cup Pizza Burger or

Cheesy Breadstick Emoji Fries

Marinara Sauce Diced Pears

side.

Additional Entrees
Offered

<u>Daily:</u>

PB&J Sandwich w/ Goldfish & Cheese Stick Cheese Sandwich

Monday, Wednesday, Friday: Chicken Caesar Salad w/ Pretzel Fruit Salad w/ Pretzel Eagle Lunchable

Tuesday and Thursday:
Turkey & Cheese Sandwich
Fruit Parfait w/ Pretzel

MENU SUBJECT TO CHANGE



MEAL PRICES

Student Lunch: \$1.25 Student Extra Entrée: \$2.00 Various Snacks: \$1.25+ Adult Lunch: \$4.95 Adult Lunch Entrée Only: \$3.00

This institution is an equal opportunity provider

Pizza Bagels
or
Corn Dog
Tator Tots

Steamed Broccoli

Cool Tropic

²⁹ Chicken Patty Sandwich

Emoji Fries Vegetarian Baked Beans Apple Slices 30

Beefaroni w/ Breadstick

Steamed Green Beans Vegetable Blend Diced Peaches Bat Nuggets
w/Pumpkin Cookie
Cucumber Cup w/Dip
Steamed Carrots
Applesauce Cup

31

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Middle School

OCTOBER 2024 Breakfast Menu

MON TUE WED THU FRI Sausage & Cheese WHOLE **Breakfast Bun Pull-Apart Donut Ultra Bread** Croissant FRESH FRUIT 100% Fruit luice 100% Fruit Juice 100% Fruit luice 100% Fruit Juice **OFFERED** Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit DAILY Choice of Milk Choice of Milk Choice of Milk Choice of Milk 10 11 Stuffed Egg & PopTart w/ Graham **Donut Holes Cinnamon Roll** BagelFul **Cheese Hashbrown** Cracker 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit luice Assorted Dried Fruit 100% Fruit Juice Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit Choice of Milk *Homecoming* 18 Egg & Cheese English **Pull-Apart Donut Muffins Crumb Cake** Muffin **School Closed** 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice 100% Fruit Juice *Inservice Day* Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit Assorted Dried Fruit Choice of Milk Choice of Milk Choice of Milk Choice of Milk 22 23 24 21 25 Cereal Blast Waffle Cereal Fruit Strudel **Chocolate Chip Breakfast Wrap**

100% Fruit Juice Choice of Milk

Assorted Dried Fruit

Cereal Bar

28

100% Fruit Juice Assorted Dried Fruit Choice of Milk

Breakfast Bun

100% Fruit Juice

Assorted Dried Fruit

Choice of Milk

100% Fruit Juice Assorted Dried Fruit Choice of Milk

100% Fruit Juice Assorted Dried Fruit Choice of Milk

Muffin Flat

Donut Sticks

100% Fruit luice Assorted Dried Fruit Choice of Milk

Sausage & Cheese Croissant 100% Fruit Juice Assorted Dried Fruit Choice of Milk

100% Fruit Juice

Assorted Dried Fruit

Choice of Milk

100% Fruit Juice

Assorted Dried Fruit

Choice of Milk

side.

Health-e Pro

ANNOUNCEMENTS

Breakfast Meals are Grab & Go!

Stop in the Cafeteria to Start your day!

MENU SUBJECT TO CHANGE



MEAL PRICES

Student Breakfast: \$0.80 **Student Extra Entrée: \$1.00** Adult Breakfast: \$3.25 Adult Breakfast Entrée Only: \$1.75

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Middle School OCTOBER 2024 Lunch Menu

Health-e Pro 👛



WHOLE FRESH FRUIT **OFFERED** DAILY

MON

Chicken Sandwich Waffle Fries

TUE

Vegetarian Baked Beans **Applesauce**

Beefaroni w/ **Breadstick**

WED

Steamed Green Beans Vegetable Blend **Diced Peaches**

Boneless Chicken Wings w/ Biscuit

THU

Crispy Fries Carrot & Celery Sticks w/ Dip **Apple Slices**

4 Cheese Quesadilla or

FRI

Taco Black beans

Salsa Cup Roasted Corn Blend Pineapple Cup

Cheesesteak or Pizza Crunchers

> Marinara Sauce Seasoned Green Beans **Apple Slices** *Homecoming*

Beef & Cheese

Nachos

Baked Potato

Seasoned Broccoli

Mixed Fruit

Cup

CHANGE



Breakfast For Lunch Chicken & Waffle

> **Tator Tots** Frozen Fruit Cup **Honey Carrots**

> > **NSLW**

School Closed

Inservice Day

Pasta & Meatballs w/ Breadstick

Vegetable blend Romaine Side Salad Mixed Fruit Cup

Stuffed Crust Pizza

Carroteenies w/ Dip

Seasoned Green

Beans

Cool Tropic

Breakfast For Lunch

Pancakes

Chicken Sausage

Baked Sweet Potatoes

Tator Tots

Orange Slices

Cheeseburger **Hot Dog**

Potato Wedges Baked Beans Sidekick

BBQ Beef Rib

Sandwich

or

Fish Sandwich

Seasoned Corn

Ranchero Baked Beans

Frozen Fruit Cup

Pizza Palooza

Homemade Pizza Steamed Broccoli Cucumber Cup w/ Dip Diced Peaches

10

Oven Baked Chicken w/ Biscuit **Mashed Potatoes Seasoned Mixed** Vegetables

Applesauce 24

Mandarin Chicken w/ Rice & Roll

Chicken & Vegetable Dumplings

Seasoned Broccoli Side Garden Salad Mandarin Orange Cup

Pizza Burger **Cheesy Breadstick**

Emoji Fries Marinara sauce **Apple Slices**

Daily: PB&J Sandwich w/ Goldfish &

Monday, Wednesday, Friday: Chicken Caesar Salad w/ Pretzel Fruit Salad w/ Pretzel **Eagle Lunchable**

Cheese Stick

Additional Entrees Offered

Tuesday and Thursday: Fruit Parfait w/ Granola & Goldfish **Turkey & Cheese Sub or** Sandwich

MENU SUBJECT TO



21 Chicken Nuggets w/ Mac & Cheese or

Fish Sticks w/ Mac & Cheese

BBQ Baked Beans Seasoned Corn Side Kick

Pizza Bagels

²⁹Chicken Sandwich Waffle Fries

Corn Dog Vegetarian Baked Tator Tots Beans Seasoned Broccoli Apple Slices **Cool Tropic**

Lasagna w/ Meat Sauce & Breadstick

Seasoned Green **Beans** Vegetable Blend **Diced Peaches**

Beefaroni w/

Breadstick

Seasoned Green Beans

Vegetable Blend

Diced Peaches

31 Boneless Chicken Wings w/Pumpkin Cookie Crispy Fries

Carrot & Celery Stick **Applesauce Cup**

MEAL PRICES

Student Lunch: \$1.50 Student Extra Entrée: \$2.00 Various Snacks: \$1.25+ Adult Lunch: \$4.95 **Adult Lunch Entrée Only: \$3.00**

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High School OCTOBER 2024 Breakfast Menu



TUE MON WED THU FRI Southern Breakfast **Breakfast Bun Pigglestick** WHOLE **Ultra Bread** Sandwich 100% Fruit luice 100% Fruit luice FRESH FRUIT 100% Fruit luice 100% Fruit Juice Whole Fresh Fruit Whole Fresh Fruit **OFFERED** Whole Fresh Fruit Whole Fresh Fruit Choice of Milk Choice of Milk DAILY Choice of Milk Choice of Milk

Egg & Cheese Stuffed Hashbrown

Tator Tots 100% Fruit Juice Whole Fresh Fruit Choice of Milk

School Closed

Inservice Day

Pancake & Sausage. Egg w/ Cheese Sandwich

100% Fruit luice Whole Fresh Fruit Choice of Milk

French Toast

Sticks & Turkey **Sausage Links** 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Bagel or Croissant

23

Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Donuts

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

24

10

Pull-Apart Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Cinnamon Roll

Casserole

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

18

11

Assorted Muffins 100% Fruit Juice Whole Fresh Fruit Choice of Milk

Dutch Waffle

100% Fruit Juice

Whole Fresh Fruit

Choice of Milk

Homecoming

21

Apple Bites

100% Fruit Juice Whole Fresh Fruit Choice of Milk

22

100% Fruit luice Whole Fresh Fruit

Choice of Milk

Breakfast Bowl

Muffin Flat

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Breakfast Taco

100% Fruit Juice Whole Fresh Fruit Choice of Milk

25

Cereal Blast Waffle

100% Fruit Juice Whole Fresh Fruit Choice of Milk

Additional Entrees Offered

Daily: 2 Ounce Cereal NutriGrain Bar w/ Graham Cracker **Double Pack PopTart** Yogurt w/ Graham Cracker

> **Monday and Friday: Munchable Cup**

> > **Wednesday Apple Nachos**

Tuesday and Thursday: Smoothie w/ Graham Cracker

MENU SUBJECT TO CHANGE



MEAL PRICES

Student Breakfast: \$.80 Student Extra Entrée: \$1.00 Adult Breakfast: \$3.25 Adult Breakfast Entrée Only: \$1.75

This institution is an equal opportunity provider

28

Asst. Bagels w/ **Cream Cheese**

100% Fruit Juice Whole Fresh Fruit Choice of Milk

29

Breakfast Bun

100% Fruit Juice Whole Fresh Fruit Choice of Milk

30

Pigglestick

100% Fruit Juice Whole Fresh Fruit Choice of Milk

thern Breakfast Sandwich **Tator Tots** 100% Fruit Juice Whole Fresh Fruit **Choice of Milk**

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High School OCTOBER 2024 Lunch Menu

Health-e Pro



WHOLE FRESH FRUIT OFFERED DAILY

MON

Breaded Chicken Sandwich Waffle Fries Vegetarian Baked Beans Applesauce Cup

TUE

Baked Ziti w/ Garlic Knot Seasoned Green Beans Vegetable Blend

WED

3 Boneless Wings w/ **Breadstick** Crispy Fries

THU

Mixed Vegetables Carrot & Celery Sticks w/ Dip **Apple Slices**

4 Cheese Ouesadilla Taco

FRI

Salsa Cup Cilantro Lime Rice Black Beans Corn Blend Pineapple Cup

Cheesesteak Melt Pizza Crunchers Marinara Cup

Seasoned Green Beans **Curly Fries Apple Slices**

Homecoming

Stuffed Crust or French Crust Pizza w/ Garlic Knot Seasoned Crinkle Fries Seasoned Green Beans **Cool Tropic**

Chicken Tender Sandwich w/ Fixings

Sweet Potato Waffle Fries Seasoned Vegetable Blend

Diced Pears

Additional Entrees Offered

> Daily: **PB&I Sandwich Assorted Wraps Hummus Platter**

Monday, Wednesday and Friday Chicken Caesar Salad w/ Breadstick Fruit Salad w/ Breadstick Chicken Salad on a Croissant

> **Tuesday and Thursday:** Cobb Salad w/ Breadstick Fruit Parfait w/ Breadstick **Ham & Cheese Sandwich Turkey & Cheese Sub**

MENU SUBJECT TO CHANGE



MEAL PRICES

Student Lunch: \$1.50 **Student Extra Entrée: \$2.00** Various Snacks: \$1.25+ Adult Lunch: \$4.95 **Adult Lunch Entrée Only: \$3.00**

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Breakfast For Lunch

Chicken Tenders & Dutch Waffle

Tator Tots Frozen Fruit Cup **Honey Carrots**

NSLW

School Closed

Inservice Day

21 BBO Pulled Pork

Sandwich or

Fish Sticks

w/HushPuppy

3 Cheese Mac & Cheese

BBO Baked Beans

Seasoned Corn

Side Kick

Pasta & Meatballs w/ Breadstick

Seasoned Broccoli Seasoned Vegetable Blend Mixed Fruit Cup

15 Boneless Chicken

Chunks w/ Corn

Muffin

Roasted Redskin

Potatoes

Apple Slices

Breakfast For Lunch

Pancakes

Chicken Sausage

Baked Sweet Potatoes

Tator Tots

Hot Apples

Bacon Cheeseburger Chili Dog

Side Garden Salad

Diced Peaches

Potato Wedges Cowboy Baked Beans Sidekick

Homemade Pizza

10

Cucumber Cup w/ Dip Carroteenies w/ Dip Pasta Fagioli Soup **Apple Slices**

Pizza Palooza

Beef & Cheese Nachos Baked Potato Seasoned Broccoli

Cuban Sandwich Fish Sandwich Sweet Potato Fries Ranchero Beans Buffalo Cauliflower Cinnamon Applesauce **Mixed Fruit Cup**

Sandwich

Seasoned Green **Beans** Cream of Tomato guoZ **Diced Peaches**

²⁴Mandarin Chicken w/ Rice & Roll Chicken & Vegetable

Seasoned Broccoli Orange Glazed Carrots Mandarin Orange Cup

Breaded Chicken

Sandwich Waffle Fries Vegetarian Baked Beans

Apple Slices

Baked Ziti w/ Garlic Knot

Seasoned Green **Beans** Romaine Side Salad Vegetable Blend **Diced Peaches**

31 Boneless Wings w/Pumpkin Cookie **Crispy Fries Mixed Vegetables** Carrot & Celery Stick w/ Dip

Applesauce Cup

28

Buffalo or BBO Chicken Flatbread Emoji Fries

Seasoned Broccoli **Cool Tropic**

Grilled Cheese

Dumplings

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov