


Kindergarten-6th Grade

May 2023 Breakfast Menu

Menus are available online at: <http://www.smyrna.k12.de.us>.
The Smyrna School District does not discriminate in employment, educational programs, services or activities based on race, color, marital status, creed, religion, national origin, gender, age, genetic information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws. Inquiries should be directed to the District Superintendent. Federal Nondiscrimination Statement on reverse side.

MON	TUE	WED	THU	FRI
1 Pigglestick 100% Fruit Juice Whole Fresh Fruit Choice of Milk	2 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	3 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	4 BagelFul 100% Fruit Juice Whole Fresh Fruit Choice of Milk	5 Chicken on a Biscuit 100% Fruit Juice Whole Fresh Fruit Choice of Milk
8 French Toast Sticks 100% Fruit Juice Whole Fresh Fruit Choice of Milk	9 Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	10 Cheese Omelet w/ Biscuit 100% Fruit Juice Whole Fresh Fruit Choice of Milk	11 Mini Cinni 100% Fruit Juice Whole Fresh Fruit Choice of Milk	12 No School For Students
15 Strudel 100% Fruit Juice Whole Fresh Fruit Choice of Milk	16 Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	17 Ultra Bread 100% Fruit Juice Whole Fresh Fruit Choice of Milk	18 Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk	19 Cheesy Scrambled Eggs w/ English Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk
22 Pancakes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	23 Cinnamon Roll 100% Fruit Juice Whole Fresh Fruit Choice of Milk	24 Chocolate Filled Crescent 100% Fruit Juice Whole Fresh Fruit Choice of Milk	25 Egg & Cheese Croissant 100% Fruit Juice Whole Fresh Fruit Choice of Milk	26 Apple Bites 100% Fruit Juice Whole Fresh Fruit Choice of Milk
29  School Closed Memorial Day	30 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	31 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	Non-Fat Flavored AND 1% or Skim Milk Offered Daily	WHOLE FRESH FRUIT OFFERED DAILY

ANNOUNCEMENTS

Additional Entrees Offered Daily

1 Ounce Cereal w/ Graham Cracker
1 Pack PopTart w/ Graham Cracker
NutriGrain Bar w/ Graham Cracker
Yogurt w/ Graham Cracker

Additional Entree Offered on

Monday and Friday

Munchable Cup

Additional Entree Offered on

Wednesday

Apple Nachos

Additional Entree Offered on

Tuesday and Thursday

Smoothie w/ Graham Cracker

MEAL PRICES

Student Breakfast: \$0.80
Student Extra Entree: \$0.80
Adult Breakfast: \$3.25

This institution is an equal
opportunity provider.

**MENU
SUBJECT TO
CHANGE**



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

**U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or**

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:


program.intake@usda.gov

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Kindergarten-6th Grade

May 2023 Lunch Menu

Menus are available online at: <http://www.smyrna.k12.de.us>.
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MON	TUE	WED	THU	FRI
1 Fish Sticks w/ Cornbread or Corn Dog Cowboy Baked beans Steamed Green Beans Applesauce Cup	2 Cheeseburger Emoji Fries Fresh Vegetable Cup w/ Dip Sidekick	3 Chicken Bites w/ Cornbread Mixed Vegetable Medley Steamed Broccoli Macaroni & Cheese Diced Peaches	4 Breakfast for Lunch Pancakes Chicken Sausage Patties Hash Browns Orange Glazed Carrots 100% Fruit Juice	5 Pizza Palooza Homemade Pizza (Featuring Taco Pizza) Fiesta Corn Cucumbers w/ Dip Apple Slices Cinnamon Churro
8 Chicken Patty Sandwich or Hot Dog BBQ Baked Beans Sweet Potato Fries Applesauce Cup	9 Pizza Steamed Carrots Steamed Green Beans Caesar Side Salad Frozen Fruit Cup Cookie	10 Beef Teriyaki Dippers w/ Biscuit Steamed Broccoli Mashed Potatoes w/ Gravy Mandarin Orange Cup	11 Eagles Lunchable or Chicken Nuggets w/ Biscuit Emoji Fries Mixed Vegetable Medley Apple Slices	12 No School For Students
15 Chicken Tenders w/ Dinner Roll Steamed Green Beans Scalloped Potatoes Diced Pears	16 Beef & Cheese Nachos or Corn Dog Baked Potato Steamed Broccoli Sidekick	17 Pizza Palooza Homemade Pizza Cowboy Baked Beans Mixed Vegetable Medley Mixed Fruit Cup	18 Meatballs & Rotini w/ Garlic Knot or Cheese Quesadilla Steamed Corn Fresh Vegetable Sticks w/ Dip Diced Peaches	19 Breakfast for Lunch French Toast Sticks Chicken Bites Brown Sugar Carrots Spinach Side Salad Hot Apple Slices
22 Pizza Emoji Fries Fresh Vegetable Cup Sidekick Cookie	23 Soft Shell Tacos Cilantro Lime Rice Salsa Cup Steamed Corn Frozen Fruit Cup	24 Chicken Nuggets w/ Dinner Roll Steamed Green Beans Romaine Side Salad Vegetarian Baked Beans Mixed Fruit Cup	25 Cheesy Breadsticks Seasoned Vegetable Blend Marinara Cup Pineapple Cup	26 Hot Dog Carroteenies w/Dip Fries Veggie Juice Apple Slices
29  School Closed Memorial Day	30 Cheeseburger Emoji Fries Fresh Vegetable Cup w/ Dip Sidekick	31 Fish Sticks w/ Cornbread or Corn Dog Cowboy Baked beans Steamed Green Beans Applesauce Cup	Non-Fat Flavored AND 1% or Skim Milk Offered Daily	WHOLE FRESH FRUIT OFFERED DAILY

ANNOUNCEMENTS

Cold Entrees Offered Daily:
PB&J Sandwich w/ Goldfish &
Cheese Stick
Cheese Sandwich

Cold Entrees Offered Monday,
Wednesday and Friday:
Chicken Caesar Salad w/ Pretzel
Fruit Salad w/ Pretzel
Ham & Cheese Sandwich

Cold Entrees Offered Tuesday and
Thursday:
Chef salad w/ Pretzel
Fruit Parfait w/ Pretzel
Egg Salad Sandwich

MEAL PRICES

Student Lunch: \$1.25
Student Extra Entree: \$1.50
Various Snacks: \$0.75+
Adult Lunch: \$4.95
Adult Entree: \$2.50

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