

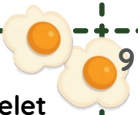



# Kindergarden - 6th Grade

## March 2023 Breakfast Menu

Menus are available online at: <http://www.smyrna.k12.de.us>.  
The Smyrna School District does not discriminate in employment, educational programs, services or activities based on race, color, marital status, creed, religion, national origin, gender, age, genetic information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws. Inquiries should be directed to the District Superintendent. Federal Nondiscrimination Statement on reverse side.

MON	TUE	WED	THU	FRI
<b>WHOLE FRESH FRUIT OFFERED DAILY</b>	<b>Non-Fat Flavored AND 1% or Skim Milk Offered Daily</b>	<b>1</b> Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>2</b> Chicken Biscuit Sandwich 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>3</b> BagelFul 100% Fruit Juice Whole Fresh Fruit Choice of Milk
<b>6</b>  French Toast Timber 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>7</b>  Fueling Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>8</b>  Cheese Omelet w/ Builder Biscuit 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>9</b>  Mini Cinni 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>10</b> <b>No School For Students</b>
<b>13</b> Strudel 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>14</b> Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>15</b> Ultra Bread 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>16</b> Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>17</b> Cheesy Scrambled Eggs w/ English Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk
<b>20</b> Pancakes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>21</b> Cinnamon Roll 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>22</b> Chocolate Filled Crescent 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>23</b> Egg & Cheese Croissant 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>24</b> Apple Bites 100% Fruit Juice Whole Fresh Fruit Choice of Milk
<b>27</b> Pigglestick 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>28</b> Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>29</b> Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>30</b> BagelFul 100% Fruit Juice Whole Fresh Fruit Choice of Milk	<b>31</b> <b>No School For Students</b>



Dig into National School Breakfast week with some egg-citing new entrees March 6-9!

Additional Entrees Offered Daily  
1 Ounce Cereal w/ Graham Cracker  
1 Pack PopTart w/ Graham Cracker  
NutriGrain Bar w/ Graham Cracker  
Yogurt w/ Graham Cracker

Additional Entrees Offered Monday, Wednesday and Friday  
Munchable Cup

Additional Entrees Offered Tuesday and Thursday  
Smoothie w/ Graham Cracker

### MEAL PRICES

Student Breakfast: \$0.80  
Student Extra Entree: \$0.80  
Adult Breakfast: \$3.25

This institution is an equal opportunity provider.

**MENU  
SUBJECT TO  
CHANGE**



**In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.**

**Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.**

**To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:**

**1. mail:**

**U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or**

**2. fax:**

**(833) 256-1665 or (202) 690-7442; or**

**3. email:**

**[program.intake@usda.gov](mailto:program.intake@usda.gov)**

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# Kindergarden - 6th Grade

## March 2023 Lunch Menu

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MON	TUE	WED	THU	FRI
<b>WHOLE FRESH FRUIT OFFERED DAILY</b>	<b>Non-Fat Flavored AND 1% or Skim Milk Offered Daily</b>	1 Fish Sticks w/ Cornbread or Corn Dog Cowboy Baked beans Steamed Green Beans Applesauce Cup	2 Breakfast for Lunch Pancakes ABC Chicken Nuggets Hash Browns Orange Glazed Carrots 100% Fruit Juice	3 Pizza Palooza Homemade Pizza Steamed Corn Cucumbers w/ Dip Apple Slices
6 Chicken Patty Sandwich or Hot Dog BBQ Baked Beans Sweet Potato Fries Applesauce Cup Chicken Noodle Soup	7 Pizza Steamed Carrots Steamed Green Beans Caesar Side Salad Frozen Fruit Cup Cookie	8 Chicken Poppers w/ Goldfish Crackers Steamed Broccoli Mashed Potatoes w/ Gravy Mandarin Orange Cup	9 Eagles Lunchable or Chicken Nuggets w/ Biscuit Emoji Fries Mixed Vegetables Apple Slices	10 <b>No School For Students</b>
13 Chicken Tenders w/ Dinner Roll Steamed Green Beans Scalloped Potatoes Diced Pears	14 Beef & Cheese Nachos or Corn Dog Baked Potato Steamed Broccoli Sidekick	15 Pizza Palooza Homemade Pizza Cowboy Baked Beans Mixed Vegetable Medley Mixed Fruit Cup	16 Meatballs & Rotini w/ Garlic Knot or Cheese Quesadilla Steamed Corn Fresh Vegetable Sticks w/ Dip Diced Peaches	17 Beef Shepards Pie w/ Dinner Roll or Shamrock Nuggets w/ Dinner Roll Mixed Vegetable Medley Spinach Side Salad Applesauce Cup Shamrock Cookie
20 Pizza Emoji Fries Fresh Vegetable Cup SideKick Cookie	21 Soft Shell Tacos Cilantro Lime Rice Salsa Cup Steamed Corn Frozen Fruit Cup	22 Lasagna w/ Meatsauce w/Garlic Knot or Chicken Nuggets w/ Garlic Knot Steamed Green Beans Romaine Side Salad Mixed Fruit Cup	23 Chicken Patty Sandwich Fries Vegetarian Baked Beans Apple Slices	24 Cheesy Breadsticks Seasoned Vegetable Blend Cream of Tomato Soup Pineapple Cup
27 Chicken Bites w/ Cornbread Mixed Vegetable Medley Steamed Broccoli Macaroni & Cheese Diced Peaches	28 Cheeseburger Emoji Fries Fresh Vegetable Cup w/ Dip Sidekick	29 Fish Sticks w/ Cornbread or Corn Dog Cowboy Baked beans Steamed Green Beans Applesauce Cup	30 Breakfast for Lunch Pancakes Chicken Sausage Patties Hash Browns Orange Glazed Carrots 100% Fruit Juice	31 <b>No School For Students</b>

### ANNOUNCEMENTS

Cold Entrees Offered Daily:  
 PB& J Sandwich w/ Goldfish & Cheese Stick  
 Cheese Sandwich

Cold Entrees Offered Monday, Wednesday and Friday:  
 Chicken Caesar Salad w/ Pretzel  
 Fruit Salad w/ Pretzel  
 Ham & Cheese Sandwich

Cold Entrees Offered Tuesday and Thursday:  
 Chef salad w/ Pretzel  
 Fruit Parfait w/ Pretzel  
 Egg Salad Sandwich

Whole Fresh Fruit Offered Daily  
 Choice of Non Fat Flavored AND 1% or Skim Milk Offered Daily

### MEAL PRICES

Student Lunch: \$1.25  
 Student Extra Entree: \$1.50  
 Various Snacks: \$0.75+  
 Adult Lunch: \$4.95  
 Adult Entree: \$2.50

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**MENU  
SUBJECT TO  
CHANGE**



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