

# Middle School June 2023 Breakfast Menu



MON	TUE	WED	THU	FRI
<b>WHOLE FRESH FRUIT OFFERED DAILY</b>			1 Ultra Bread 100% Fruit Juice Fruit Choice of Milk	2 BagelFul 100% Fruit Juice Fruit Choice of Milk
5 Assorted Cereal 100% Fruit Juice Fruit Choice of Milk	6 Muffin 100% Fruit Juice Fruit Choice of Milk	7 Sausage Egg & Cheese Croissant 100% Fruit Juice Fruit Choice of Milk	8 Asst. Cereal 100% Fruit Juice Fruit Choice of Milk	9 Asst. Cereal/Cereal Bar 100% Fruit Juice Fruit Choice of Milk
12	13	14	15	16
<b>SUMMER</b>				
19	20	21	22	23

## ANNOUNCEMENTS

Breakfast meals are  
Grab & Go!

Stop in the cafeteria to  
start your day!

## MEAL PRICES

Student Breakfast: \$0.80  
Student Extra Entree: \$0.80  
Adult Breakfast: \$3.25

This institution is an equal  
opportunity provider.

Menus are available online at: <http://www.smyrna.k12.de.us>.

The Smyrna School District does not discriminate in employment, educational programs, services or activities based on race, color, marital status, creed, religion, national origin, gender, age, genetic information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws. Inquiries should be directed to the District Superintendent. Federal Nondiscrimination Statement on reverse side.

**MENU  
SUBJECT TO  
CHANGE**



**In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.**

**Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.**

**To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:**

**1. mail:**

**U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410; or**

**2. fax:**

**(833) 256-1665 or (202) 690-7442; or**

**3. email:**

**[program.intake@usda.gov](mailto:program.intake@usda.gov)**

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# Middle School June 2023 Lunch Menu



MON	TUE	WED	THU	FRI
<b>WHOLE FRESH FRUIT OFFERED DAILY</b>			<b>1</b> Chili Dog or Hot Dog Mixed Vegetables Seasoned Fries Sidekick	<b>2</b> Pizza Palooza Homemade Pizza Steamed Corn Baby Carrots w/ Dip BBQ Baked Beans Apple Slices
<b>5</b> Chicken Patty Sandwich BBQ Baked Beans Waffle Fries Jalapeno Cilantro Coleslaw Applesauce Cup	<b>6</b> Boneless Chicken Wings w/ Biscuit or Pizza Honey Carrots Caesar Side Salad Frozen Fruit Cup Cookie	<b>7</b> General Tso w/ Fried Rice Broccoli Mixed Vegetable Mandarin Oranges	<b>8</b> Grilled Cheese Tomato Soup Peas Diced Peaches	<b>9</b> Cheeseburger OR Hamburger French Fries Steamed Corn Mixed Fruit
<b>12</b> <b>SUMMER</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>

## ANNOUNCEMENTS

Cold Entrees Offered Daily:  
 PB&J Sandwich w/ Goldfish & Cheese Stick  
 Assorted Wraps

Cold Entrees Offered Monday, Wednesday and Friday:  
 Chicken Caesar Salad w/ Pretzel  
 Fruit Salad w/ Pretzel  
 Ham & Cheese Sandwich  
 Ham & Cheese Sub

Cold Entrees Offered Tuesday and Thursday:  
 Chef salad w/ Pretzel  
 Fruit Parfait w/ Pretzel  
 Chicken Salad Sandwich

## MEAL PRICES

Student Lunch: \$1.50  
 Student Extra Entree: \$1.50  
 Various Snacks: \$0.75+  
 Adult Lunch: \$4.95  
 Adult Entree: \$2.50

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