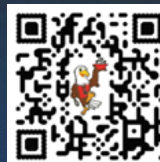


**MENU
SUBJECT TO
CHANGE**

Kindergarten-6th Grade January 2024 Breakfast Menu



| MON | TUE | WED | THU | FRI |
|---|---|---|--|--|
| 1 Winter Break | 2 Cheesy Scrambled Eggs w/ English Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 3 Piggie Stick 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 4 Fruit Turnover 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 5 Apple Bites 100% Fruit Juice Whole Fresh Fruit Choice of Milk |
| 8 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 9 French Toast Sticks 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 10 Chocolate Filled Crescent 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 11 Stuffed Egg & Cheese Hashbrown 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 12 Ultra Bread 100% Fruit Juice Whole Fresh Fruit Choice of Milk |
| 15 Martin Luther King Jr. Day | 16 Southern Sausage Sandwich 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 17 Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 18 Cinni Minis 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 19 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk |
| 22 Fruit Strudel 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 23 Pancakes 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 24 Breakfast Sandwich 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 25 Pull-Apart Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 26 No School For Students |
| 29 Cereal Blast Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 30 Cheesy Scrambled Eggs w/ English Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk | 31 Piggie Stick 100% Fruit Juice Whole Fresh Fruit Choice of Milk | Non-Fat Flavored AND 1% or Skim Milk Offered Daily | WHOLE FRESH FRUIT OFFERED DAILY |

Additional Entrees Offered

Daily
1 Ounce Cereal w/ Graham Cracker
NutriGrain Bar w/ Graham Cracker
1 Pack PopTart w/ Graham Cracker
Yogurt w/ Graham Cracker

Monday and Friday
Munchable Cup

Wednesday
Apple Nachos

Tuesday and Thursday
Smoothie w/ Graham Cracker

Meal Prices

Student Breakfast: \$0.80
Student Extra Entree: \$1.00
Adult Breakfast: \$3.25
Adult Breakfast Entree Only: \$1.75

This institution is an equal opportunity provider.

Menus are available online at:
<http://www.smyrna.k12.de.us>. The Smyrna School District does not discriminate in employment, educational programs, services or activities based on race, color, marital status, creed, religion, national origin, gender, age, genetic information, sexual orientation, gender identity, disability or any other protected category or status in accordance with state and federal laws. Inquiries should be directed to the District Superintendent. Federal Nondiscrimination Statement on reverse side.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

**U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or**

2. fax:

(833) 256-1665 or (202) 690-7442; or

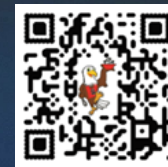
3. email:

program.intake@usda.gov

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**MENU
SUBJECT TO
CHANGE**

Kindergarten-6th Grade January 2024 Lunch Menu



| MON | TUE | WED | THU | FRI |
|---|---|--|--|--|
| 1 Winter Break | 2 Chicken Tenders w/ Roll Cheesy Mashed Potatoes Steamed Carrots Applesauce Cup | 3 Taco Day Soft Taco w/ Fixings Fiesta Corn Texas Ranchero Baked Beans Pineapple Cup | 4 Pizza Palooza Homemade Pizza Romaine Side Salad Green beans Frozen Fruit Cup | 5 Meatball Sub or Fish Sandwich Succotash Sweet Potato Fries Diced Peaches |
| 8 Cheese Quesadilla w/ Salsa Cup or Corn Dog Steamed Corn Vegetarian Baked Beans Diced Pears | 9 Chicken Patty or Sloppy Joe Emoji Fries Green Beans Applesauce Cup | 10 Breakfast For Lunch Pancakes Chicken Sausage Tator Tots Maple Carrots 100% Fruit Juice | 11 Beef & Cheese Nachos Steamed Broccoli Baked Potato Frozen Fruit Cup | 12 Cheesesteak or Pizza Crunchers w/ Marinara Cup Cucumber Cup w/ Dip Pizza Green Beans Apple Slices |
| 15 Martin Luther King Jr. Day | 16 Beefaroni w/ Breadstick Seasoned Vegetable Blend Steamed Broccoli Cool Tropic | 17 Grilled Cheese or BBQ Beef Ribbie Green Beans Tomato Soup Apple Slices | 18 Oven Baked Chicken w/ Biscuit Mashed Potatoes w/ Gravy Steamed Peas Mixed Fruit Cup | 19 Chicken Poppers w/ Roll or Buffalo Chicken Poppers w/ Roll Mixed Vegetables Seasoned Fries Baked Beans Applesauce Cup |
| 22 Stuffed Crust Pizza or French Bread Pizza Carroteenies w/ Dip Steamed Broccoli Sidekick | 23 Salisbury Steak w/ Biscuit or Breaded Beef Sticks w/ Biscuit Scalloped Potatoes Steamed Green Beans Apple Slices Gravy | 24 Chicken Nuggets w/ Roll Emoji Fries Mixed Vegetable Medley Orange Slices | 25 Hot Ham & Cheese or Cheeseburger BBQ Baked Beans Fresh Vegetable Cup w/ Dip Applesauce Cup | 26 No School For Students |
| 29 Mandarin Orange Chicken w/ Rice & Roll Steamed Broccoli Mixed Vegetables Mandarin Oranges | 30 Taco Day Soft Taco w/ Fixings Fiesta Corn Texas Ranchero Baked Beans Pineapple Cup | 31 Chicken Tenders w/ Cookie Cheesy Mashed Potatoes Steamed Carrots Cinnamon Applesauce | Non-Fat Flavored AND 1% or Skim Milk Offered Daily | WHOLE FRESH FRUIT OFFERED DAILY |

Additional Entrees Offered

Daily:

**PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich**

Monday, Wednesday and Friday:

**Chicken Caesar Salad w/ Pretzel
Fruit Salad w/ Pretzel
Eagle Lunchable**

Tuesday and Thursday:

**Turkey & Cheese Sandwich
Fruit Parfait w/ Pretzel**

Meal Prices

**Student Lunch: \$1.25
Student Extra Entree: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$4.95
Adult Lunch Entree Only: \$3.00**

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