

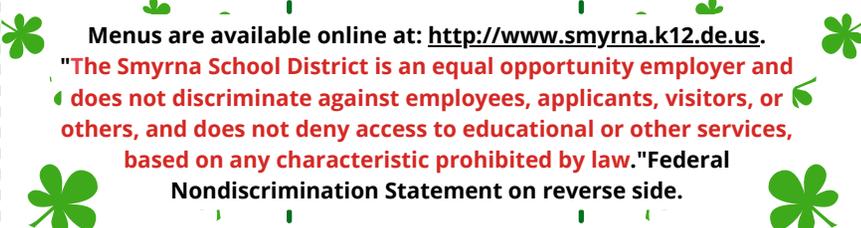
Sunnyside & Clayton Elementary MARCH 2026

Breakfast Menu

Health-e Pro 



**MENU
SUBJECT TO
CHANGE**

MON	TUE	WED	THU	FRI
<p>2 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p> 	<p>3 Piggletstick 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p> <p>National School Breakfast Week</p> 	<p>4 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>5 Cinnamon Turnover 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p> 	<p>6 Breakfast Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>
<p>9 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>10 Ultra Bread 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>11 Assorted Muffins 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>12 French Toast Sticks 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>13 Professional Learning Day School Closed</p> 
<p>16 Pancakes 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>17 Pizza Bagels 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>18 Donuts 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>19 Apple Bites 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>20 Breakfast Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>
<p>23 Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>24 Mini Cinnis 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>25 Cheesy Scrambled Eggs w/ Graham Cracker 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>26 Pull-Apart Donut 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>27 Breakfast Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>
<p>30 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>31 Piggletstick 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk</p>	<p>Menus are available online at: http://www.smyrna.k12.de.us. "The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.</p> 		

ANNOUNCEMENTS

Daily
1 ounce Cereal w/ Graham Cracker
1 pack Pop Tart w/ Graham Cracker

Monday and Friday
Munchable cup

Wednesday
Apple Nachos

Tuesday and Thursday
Smoothie w/ Graham Cracker

**ENJOY NEW
ITEMS DAILY
WEEK OF
3/2-3/6
TO HELP US
CELEBRATE
NSBW!**



MEAL PRICES

Student Breakfast: FREE
Student Extra Entrees: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider



**WHOLE FRESH FRUIT
OFFERED DAILY**

K- 6th Grade Grab & Go MARCH 2026

Breakfast Menu

Health-e Pro



**MENU
SUBJECT TO
CHANGE**

MON	TUE	WED	THU	FRI
<p>2</p> <p>POPART 100% FRUIT JUICE ASSORTED DRIED FRUIT CHOICE OF MILK</p>	<p>3</p> <p>APPLE BITES 100% FRUIT JUICE ASST. DRIED FRUIT CHOICE OF MILK</p>	<p>4</p> <p>TRIX MUFFIN 100% FRUIT JUICE WHOLE FRESH FRUIT CHOICE OF MILK</p>	<p>5</p> <p>MINI LOAF 100% FRUIT JUICE ASSORTED DRIED FRUIT CHOICE OF MILK</p>	<p>6</p> <p>EGG AND CHEESE ENGLISH MUFFIN 100% FRUIT JUICE WHOLE FRESH FRUIT CHOICE OF MILK</p>
<p>9</p> <p>Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>10</p> <p>Pizza Bagel 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>11</p> <p>Mini Maple Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>12</p> <p>Chocolate Chip Muffin Top 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>13</p> <p>Professional Learning Day School Closed</p>
<p>16</p> <p>Poptart 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>17</p> <p>Ultra Bread 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>18</p> <p>Donut Holes 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>19</p> <p>Cinnamon Toast Crunch French Toast 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>20</p> <p>Sunrise Stick 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>
<p>23</p> <p>Froot Loop Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>24</p> <p>Pizza Bagel 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>25</p> <p>Egg and Cheese English Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>	<p>26</p> <p>Asst. Muffin 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>27</p> <p>Mini Cinnis 100% Fruit Juice Whole Fresh Fruit Choice of Milk</p>
<p>30</p> <p>Poptart 100% Fruit Juice Assorted Dried Fruit Choice of Milk</p>	<p>31</p> <p>Apple Bites 100% Fruit Juice Asst. Dried Fruit Choice of Milk</p>	<p>Menus are available online at: http://www.smyrna.k12.de.us. "The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS

Grab & Go Breakfast is available at:
 Smyrna Elementary
 North Smyrna Elementary
 Clayton Intermediate
 John Bassett Moore



MEAL PRICES

Student Breakfast: FREE
Student Extra Entrees: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider

Kindergarten - 6th Grade MARCH 2026

Lunch Menu

Health-e Pro 

CHOICE OF FAT FREE FLAVORED, 1% WHITE & SKIM MILK DAILY

WHOLE FRESH FRUIT OFFERED DAILY

MON	TUE	WED	THU	FRI
2 Mozzarella Sticks Marinara Sauce Carroteenies w/ Dip Applesauce Cup	3 Chicken Patty Sandwich Crinkle Cut Fries Vegetarian Baked Beans Diced Peaches	4 Spicy or Plain Boneless Wings w/ Garlic Bread Seasoned Corn Celery Sticks Diced Pears	5 Beef & Cheese Nachos Salsa Cup Seasoned Broccoli Cool Tropic	6 Stuffed Crust Cheese or Pepperoni Pizza Romaine Garden Salad Seasoned Green Beans Frozen Fruit Cup
9 Meatless Monday Cheesy Breadstick Crinkle Cut French Fries Vegetable Juice Frozen Fruit Cup	10 Soft Taco w/ Toppings Fiesta Corn Seasoned Black Beans Pineapple Cup	11 French Bread Pizza Seasoned Green Beans Vegetable Soup Sidekick	12 Mandarin Orange Chicken w/ Rice & Roll or Chicken & Vegetable Dumplings Orange Glazed Carrots Seasoned Broccoli Mandarin Orange Cup	13 Professional Learning Day School Closed 
16 Chicken & Waffles Buffalo Cauliflower Maple Brown Sugar Carrots Apple Slices	17 Cheese Quesadilla or Fish Sticks w/ Dinner Roll Steamed Peas Romaine Side Salad Applesauce Cup 	18 Pizza Palooza Homemade Pizza Pizza Style Green Beans Carroteenies w/Dip Diced Pears	19 Chicken Bites w/ Corn Muffin Texas Ranchero Beans Sweet Potato Wedges Froot Jooce Cup	20 Beefaroni w/ Garlic Knot OR Beef HotDog Maple Brown Sugar Carrots Steamed Spinach Mixed Fruit Cup
23 Pizza Crunchers Marinara Sauce Seasoned Broccoli Diced Peaches	24 Cheeseburger w/ Toppings OR CornDog Carroteenies w/ Dip Seasoned Green Beans Hot Apple Slices	25 Breakfast for Lunch Chicken Sausage w/ French Toast Sticks Maple Brown Sugar Carrots Crinkle Cut Fries 100% Fruit Juice	26 Pizza Bagels BBQ Baked Beans Emoji Fries Diced Pears	27 Grilled Cheese or BBQ Beef Rib Sandwich Tomato Soup Celery Sticks w/ Dip Diced Peaches
30 Mozzarella Sticks Marinara Sauce Carroteenies w/ Dip Applesauce Cup	31 Chicken Patty Sandwich Crinkle Cut Fries Vegetarian Baked Beans Diced Peaches	<p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law."Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS

Daily:
PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich

Monday, Wednesday, Friday:
Chicken Caesar Salad w/ Pretzel
Fruit Salad w/ Pretzel
Eagle Lunchable

Tuesday and Thursday:
Turkey & Cheese Sandwich
Fruit Parfait w/ Granola & Goldfish



MENU SUBJECT TO CHANGE

MEAL PRICES

Student Lunch: \$1.25
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

*This institution is an equal opportunity provider
 Smyrna Elementary & North Smyrna Elementary are CEP schools. Students attending these schools are provided meals at no cost.*

Middle School MARCH 2026

Breakfast Menu

Health-e Pro



**MENU
SUBJECT TO
CHANGE**

MON	TUE	WED	THU	FRI
2 POPTARTS 100% FRUIT JUICE WHOLE FRESH FRUIT CHOICE OF MILK	3 National School APPLE BITES 100% FRUIT JUICE ASSORTED DRIED FRUIT CHOICE OF MILK	4 Breakfast Week TRIX MUFFIN 100% FRUIT JUICE WHOLE FRESH FRUIT CHOICE OF MILK	5 MINI LOAF 100% FRUIT JUICE ASSORTED DRIED FRUIT CHOICE OF MILK	6 EGG & CHEESE ENGLISH MUFFIN 100% FRUIT JUICE WHOLE FRESH FRUIT CHOICE OF MILK
9 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	10 Pizza Bagel 100% Fruit Juice Assorted Dried Fruit Choice of Milk	11 Mini Maple Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk	12 Cinnamon Turnover 100% Fruit Juice Assorted Dried Fruit Choice of Milk	13 Professional Learning Day School Closed
16 Poptarts 100% Fruit Juice Whole Fresh Fruit Choice of Milk	17 Ultra Bread 100% Fruit Juice Assorted Dried Fruit Choice of Milk	18 Crumb Cake 100% Fruit Juice Whole Fresh Fruit Choice of Milk	19 Cinnamon Toast Crunch Mini French Toast 100% Fruit Juice Assorted Dried Fruit Choice of Milk	20 Mini Cinnis 100% Fruit Juice Whole Fresh Fruit Choice of Milk
23 Froot Loop Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk	24 Sunrise Stick 100% Fruit Juice Assorted Dried Fruit Choice of Milk	25 Donut Holes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	26 Muffin 100% Fruit Juice Assorted Dried Fruit Choice of Milk	27 Cinnamon Roll 100% Fruit Juice Whole Fresh Fruit Choice of Milk
30 Poptarts 100% Fruit Juice Whole Fresh Fruit Choice of Milk	31 Apple Bites 100% Fruit Juice Assorted Dried Fruit Choice of Milk	<p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law."Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS

Breakfast Meals are Grab & Go!

Stop in the Cafeteria to Start your day!

FREE



MEAL PRICES

Student Breakfast: Free
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider

Middle School MARCH 2026

Lunch Menu

Health-e Pro

CHOICE
OF FAT FREE
FLAVORED, 1% WHITE
& SKIM MILK DAILY

MON	TUE	WED	THU	FRI
2 Mozzarella Sticks Marinara Sauce Carrooteenies w/ Dip Seasoned Green Beans Applesauce Cup	3 Chicken Sandwich Tater Triangles Vegetarian Baked Beans Froot Jooce Cup	4 Grilled Cheese Tomato Soup Cucumber Cup w/ Dip Pineapple Cup	5 Beef and Cheese Nachos Salsa cup Seasoned Broccoli Cool Tropic	6 Stuffed Crust Pepperoni or Cheese Pizza Potato Wedges Celery & Carrot Veggie Cup Diced Peaches
9 Cheesesteak Melt Crinkle Cut Fries Veggie Juice Sliced Peaches	10 Soft Taco  or Barbacoa Burrito Bowl Cilantro Lime Rice Seasoned Black Beans Fiesta Corn Pineapple cup	11 French Bread Pizza Vegetable Soup Seasoned Green Beans Sidekick	12 Mandarin Orange Chicken w/ Rice & Dinner Roll or Chicken & Vegetable Dumplings w/ Rice & Dinner roll Steamed Broccoli Orange Glazed Carrots Mandarin Orange Cup	13 Professional Learning Day School Closed 
16 Chicken Tenders w/ Corn Muffin Pepperoni Pizza Bake Steamed Peas Diced Pears	17 Cheese Quesadilla or Fish Filet Sandwich Romaine Side Salad Seasoned Carrots Applesauce Cup 	18 Pizza Palooza  Homemade Pizza Pizza Style Green beans Cucumber Cup w/ Dip Apple Slices	19 Chicken Bites w/ Corn Muffin Sweet Potato Wedges Texas Ranchero Pinto Beans Orange Slices	20 Beefaroni w/ Garlic Knot Beef Hotdog Maple Brown Sugar Carrots Steamed Spinach Mixed Fruit Cup
23 Pizza Crunchers Marinara Sauce Side Caesar Salad Carrooteenies w/ Dip Diced Peaches	24 BBQ Pulled Chicken Sandwich Corn Dog Sweet Potato Waffle Fries Seasoned Green Beans Hot Apple Slices	25 Breakfast for Lunch Chicken Sausage w/ French Toast Sticks Tater Tots Maple & Brown Sugar Carrots Fruit Jooce Cup	26 Bacon Cheeseburger Cheeseburger Crinkle Cut Fries BBQ Baked Beans Sliced Pears	27 Grilled Cheese Tomato Soup Celery Sticks w/ Dip Pineapple Cup
30 Mozzarella Sticks Marinara Sauce Carrooteenies w/ Dip Seasoned Broccoli Applesauce Cup	31 Chicken Sandwich Tater Triangles Vegetarian Baked Beans Froot Jooce Cup	<p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law."Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:
Chicken Caesar Salad w/ Pretzel Eagle Lunchable

Tuesday and Thursday:
Turkey & Cheese Sub or Sandwich
Fruit Parfait w/ Granola & Goldfish

**WHOLE FRESH
FRUIT OFFERED
DAILY**

MEAL PRICES

Student Lunch: \$1.50
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

This institution is an equal opportunity provider



**MENU
SUBJECT TO
CHANGE**

High School MARCH 2026 Breakfast Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
2 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	3 Pigglestick <i>Tator Tots</i> 100% Fruit Juice/ Assorted Dried Fruit Whole Fresh Fruit Choice of Milk	4 Bagel w/ Cream Cheese 100% Fruit Juice Whole Fresh Fruit Choice of Milk	5 Pancakes w/ Sausage 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	6 Breakfast Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk
9 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	10 Breakfast Sandwiches Triangle Hashbrowns 100% Fruit Juice/ Assorted Dried Fruit Whole Fresh Fruit Choice of Milk	11 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	12 Apple/Cinnamon Turnover 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	13  Professional Learning Day School Closed
16 Breakfast Bowl w/ Biscuit 100% Fruit Juice Whole Fresh Fruit Choice of Milk	17 Ultra Bread 100% Fruit Juice Asst. Dried Fruit Choice of Milk	18 Muffins 100% Fruit Juice Asst. Whole Fresh Fruit Choice of Milk	19 French Toast Sticks w/ Sausage Patty 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	20 Sunrise Sticks w/ Tots 100% Fruit Juice Whole Fresh Fruit Choice of Milk
23 Apple Bites 100% Fruit Juice Whole Fresh Fruit Choice of Milk	24 Sausage & Cheese Stuffed Waffle w/ Tater Tots 100% Fresh Fruit Whole Fresh/Asst. Dried Fruit Choice of Milk	25 Donuts 100% Fruit Juice Whole Fresh Fruit Choice of Milk 	26 Pancake Sandwich 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	27 Cinnamon Roll Casserole 100% Fruit Juice Whole Fresh Fruit Choice of Milk
30 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	31 Pigglestick <i>Tator Tots</i> 100% Fruit Juice/ Assorted Dried Fruit Whole Fresh Fruit Choice of Milk	<p> Menus are available online at: http://www.smyrna.k12.de.us. </p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.  </p>		

ANNOUNCEMENTS

Daily:
2 Ounce Cereal
NutriGrain Bar w/ Graham Cracker
Double Pack PopTart

Monday and Friday:
Munchable Cup

Wednesday:
Apple Nachos

Tuesday and Thursday:
Smoothie w/ Graham Cracker



MEAL PRICES

Student Breakfast: FREE
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider



**MENU
SUBJECT TO
CHANGE**

High School MARCH 2026 Grab & Go Breakfast Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
2 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	3 Ultra Bread 100% Fruit Juice Asst. Dried Fruit Choice of Milk	4 NutriGrain Bar w/ Graham Cracker 100% Fruit Juice Whole Fresh Fruit Choice of Milk	5 Donut Sticks 100% Fruit Juice Whole Fresh Fruit Choice of Milk	6 Envy Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk
9 Pull-Apart Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk	10 PopTart 100% Fruit Juice Asst. Dried Fruit Choice of Milk	11 Crumb Cake 100% Fruit Juice Whole Fresh Fruit Choice of Milk	12 Ultra Bread 100% Fruit Juice Asst. Dried Fruit Choice of Milk	13 Professional Learning Day School Closed 
16 Ultra Bread 100% Fruit Juice Whole Fresh Fruit Choice of Milk	17 Apple Bites 100% Fruit Juice Asst. Dried Fruit Choice of Milk	18 Mini Donut Holes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	19 Muffins 100% Fruit Juice Asst. Dried Fruit Choice of Milk	20 Mini Cinnis 100% Fruit Juice Whole Fresh Fruit Choice of Milk
23 PopTart 100% Fruit Juice Whole Fresh Fruit Choice of Milk	24 Breakfast Bun 100% Fruit Juice Assorted Dried Fruit Choice of Milk	25 BagelFul 100% Fruit Juice Whole Fresh Fruit Choice of Milk	26 Mini Loaf 100% Fruit Juice Asst. Dried Fruit Choice of Milk	27 Powdered Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk
30 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	31 Ultra Bread 100% Fruit Juice Asst. Dried Fruit Choice of Milk	<p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS



FREE GRAB YOURS TODAY!

GRAB & GO AVAILABLE IN SMYRNA SIDE ENTRANCE OF THE SCHOOL

MEAL PRICES

Student Breakfast: FREE
 Student Extra Entrée: \$1.00
 Adult Breakfast: \$3.50
 Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider



MENU SUBJECT TO CHANGE

High School MARCH 2026 Lunch Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
2 Mozzarella Sticks w/ Corn Muffin Spicy Mozzarella Bites w/ Corn Muffin Marinara Sauce Curly Fries Carroteenies w/ Dip Applesauce Cup	3 Chicken Sandwich Waffle Fries Seasoned Broccoli Vegetarian Baked Beans Frozen Froot Jooce	4 PSAT DAY (Grade 10 only) Async 9,11,12 Lunch available PRE-ORDER Please turn in Field Trip form to Cafe	5 Beef & Cheese Nachos Baked Potato Buffalo Cauliflower Salsa Cup Cool Tropic	6 Teriyaki Chicken w/ Dumplings Fried Rice Edamame Spinach Side Salad Diced Peaches
9 Chipotle Chicken Sandwich or Cheesesteak Melt Crinkle Cut Fries Jalapeno Cilantro Cole Slaw V-Blend Juice Diced Peaches	10 Walking Taco or Burrito Bowl Cilantro Lime rice Seasoned Black Beans Fiesta Corn Salsa Cup Pineapple Cup	11 Grilled Cheese Pizza Bagels Tomato Soup w/ Goldfish Crackers Seasoned Green Beans Pineapple Cup	12 Mandarin Orange Chicken w/ Rice & Egg Roll or Chicken & Vegetable Dumplings w/ Rice & Egg roll Steamed Broccoli Orange Glazed Carrots Mandarin Orange Cup	13 Professional Learning Day School Closed 
16 Chicken Tenders w/ HushPuppies Pepperoni Pizza Potato Bake Red Pepper Slices Apple Slices	17 Cheese Quesadilla Fish Filet Sandwich Garden Salad w/ Grape Tomato Texas Ranchero Beans Sweet Potato Wedges Applesauce Cup	18 SAT DAY (Grade 11 only) Async 9,10,12 Lunch available PRE-ORDER Please turn in Field Trip form to Cafe	19 Chicken Bites w/ Cornbread Macaroni Salad Seasoned Mixed Vegetables Side Caesar Salad Hot Apples	20 Baked Ziti w/ Garlic Knot HotDog Maple Brown Sugar Carrots Seasoned Green Beans Mixed Fruit Cup
23 Pizza Crunchers w/ Breadstick Marinara Sauce Crinkle Cut Fries Seasoned Broccoli Diced Peaches	24 Pulled BBQ Chicken Sandwich CornDog Texas Ranchero Beans Seasoned Carrots Cucumber Cup w/ Dip Chocolate Chip Cookie Apple Slices	25 BREAKFAST FOR LUNCH Chicken Sausage w/ Pancakes Baked Sweet Potatoes Tator Triangles Froot Jooce	26 Chicken Tenders w/ Garlic Bread Seasoned Mashed Potatoes w/ Gravy Mixed Vegetables Strawberry (Frozen) Slices	27 Grilled Cheese Pizza Bagels Tomato Soup w/ Goldfish Crackers Seasoned Green Beans Pineapple Cup
30 Mozzarella Sticks w/ Corn Muffin Spicy Mozzarella Bites w/ Corn Muffin Marinara Sauce Carroteenies w/ Dip Side Spinach Salad Cinnamon Applesauce Cup	31 Chicken Sandwich Tater Triangles Seasoned Broccoli Vegetarian Baked Beans Frozen Fruit Cup	<p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law."Federal Nondiscrimination Statement on reverse side.</p>		

ANNOUNCEMENTS

Daily:
PB&J Sandwich
Assorted Wraps
Fruit Salad w/ Breadstick

Monday, Wednesday and Friday:
Chicken Caesar Salad w/ Breadstick
Hummus Platter
EAGLE LUNCHABLES
(Cheese/Pepperoni/BBQ Chicken Pizza)

Tuesday and Thursday:
Buffalo Chicken Salad w/ Breadstick
Fruit Parfait w/ Granola & Breadstick
Turkey & Cheese Sub

**WHOLE FRESH
FRUIT OFFERED DAILY**

MEAL PRICES

Student Lunch: \$1.50
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

This institution is an equal opportunity provider



**MENU
SUBJECT TO
CHANGE**

In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; or
1. **Fax:** (202) 690-7442; or
2. **Email:** program.intake@usda.gov.

This institution is an equal opportunity provider, employer, and lender.