

# Clayton Elementary & SunnySide

## JANUARY 2026 Breakfast Menu

WHOLE FRESH  
FRUIT OFFERED  
DAILY

MON

TUE

WED

THU

FRI



Menus are available online at: <http://www.smyrna.k12.de.us>.

"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.

5 **Breakfast Bun**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

6 **Pigglestick**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

7 **Dutch Waffle**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

8 **Cinnamon Turnover**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

9 **Breakfast Sandwiches**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

12 **Trix Muffin**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

13 **Ultra Bread**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

14 **Assorted Muffins**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

15 **French Toast Sticks**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

16 **Sunrise Stick**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

19 **\*School Closed\***

20 **Pizza Bagels**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

21 **Donuts**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

22 **Apple Bites**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

23 **Breakfast Sandwiches**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

26 **Pancakes**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

27 **Mini Cinnis**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

28 **Cheesy Scrambled Eggs w/ Graham Cracker**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

29 **Pull-Apart Donut**  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

30 **Breakfast Sandwiches**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

Additional Entrees Offered

Daily

1 ounce Cereal w/ Graham Cracker  
1 pack Pop Tart w/ Graham Cracker

Monday and Friday  
Munchable cup

Wednesday  
Apple Nachos

Tuesday and Thursday  
Smoothie w/ Graham Cracker

WHOLE FRESH  
FRUIT  
OFFERED DAILY



### MEAL PRICES

Student Breakfast: FREE  
Student Extra Entrees: \$1.00  
Adult Breakfast: \$3.50  
Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider



MENU  
SUBJECT TO  
CHANGE

# Grab & Go Breakfast Menu

## JANUARY 2026

Health-e Pro

MON

TUE

WED

THU

FRI

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5 **Poptart**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

6 **Apple Bites**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

7 **Trix Muffin**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

8 **Mini Loaf**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

9 **Egg and Cheese English Muffin**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

12 **Breakfast Bun**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

13 **Pizza Bagel**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

14 **Mini Maple Waffles**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

15 **Chocolate Chip Muffin Top**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

16 **Sausage and Cheese Stuffed Waffle**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

19 **\*School Closed\***  


20 **Ultra Bread**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

21 **Donut Holes**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

22 **Cinnamon Toast Crunch French Toast**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

23 **Sunrise Stick**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

26 **Froot Loop Waffles**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

27 **Poptart**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

28 **Sunrise Stick**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

29 **Asst. Muffin**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

30 **Mini Cinnis**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

## ANNOUNCEMENTS

Grab & Go Breakfast is available at:

Smyrna Elementary  
North Smyrna Elementary  
Clayton Intermediate  
John Bassett Moore

## MEAL PRICES

Student Breakfast: FREE

Student Extra Entrees: \$1.00  
Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

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MENU SUBJECT TO CHANGE

# Kindergarten - 6th Grade

## JANUARY 2026 Lunch Menu

CHOICE  
OF FAT FREE FLAVORED,  
1% WHITE & SKIM MILK DAILY  
  
WHOLE, FRESH FRUIT  
OFFERED DAILY

MON

TUE

WED

THU

FRI



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5  
**Mozzarella Sticks**  
Marinara Sauce  
Seasoned Carrots  
Cinnamon  
Applesauce Cup

6  
**Chicken Patty Sandwich**  
Crinkle Cut Fries  
Vegetarian Baked Beans  
Diced Peaches

7  
**Spicy or Plain Boneless Wings w/ Cornbread**  
Seasoned Corn  
Celery Sticks  
Cin. Diced Pears

8  
**Beef & Cheese Nachos**  
Salsa Cup  
Seasoned Broccoli  
Cool Tropic

9  
**Stuffed Crust Cheese or Pepperoni Pizza**  
Romaine Garden Salad  
Seasoned Green Beans  
Frozen Fruit Cup

12  
**Meatless Monday Cheesy Breadstick**  
Crinkle Cut French Fries  
Vegetable Juice  
Frozen Fruit Cup

13  
**Soft Taco w/ Toppings**  
Fiesta Corn  
Seasoned Black Beans  
Pineapple Cup

14  
**French Bread Pizza**  
Mixed Vegetables  
Vegetable Soup  
Sidekick

15  
**Mandarin Orange Chicken w/ Rice & Roll or Chicken & Vegetable Dumplings**  
Orange Glazed Carrots  
Seasoned Broccoli  
Mandarin Orange Cup

16  
**Oven Baked Chicken w/ Biscuit**  
Mashed Potatoes w/ Gravy  
Seasoned Green Beans  
Cin. Applesauce Cup

19  
**\*School Closed\***



20  
**Cheese Quesadilla or Fish Sticks w/ Dinner Roll**  
Steamed Peas  
Romaine Side Salad  
Cinnamon Diced Pears

21  
**Pizza Palooza Homemade Pizza**  
Pizza Style Green Beans  
Carroteenies w/Dip  
Applesauce Cup

22  
**Chicken Bites w/ Corn Muffin**  
Texas Ranchero Beans  
Sweet Potato Wedges  
Froot Jooce Cup

23  
**Beef Chili w/ Tostito Scoops**  
Baked Potato  
Steamed Spinach  
Mixed Fruit Cup

26  
**Pizza Crunchers**  
Marinara Sauce  
Seasoned Broccoli  
Diced Peaches

27  
**Ramen (Woodles) Bowl**  
Mixed Vegetables  
Spinach Side Salad  
Apple Slices

28  
**Breakfast for Lunch**  
**Chicken Sausage w/ French Toast Sticks**  
Maple Brown Sugar Carrots  
Crinkle Cut Fries  
100% Fruit Juice

29  
**Pizza Bagels**  
BBQ Baked Beans  
Emoji Fries  
Sliced Pears

30  
**Grilled Cheese or BBQ Beef Rib Sandwich**  
Tomato Soup  
Seasoned Green beans  
Hot Apple Slices

Health-e Pa

### ANNOUNCEMENTS

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick  
Cheese Sandwich  
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:  
Chicken Caesar Salad w/ Pretzel  
Eagle Lunchable

Tuesday and Thursday:

Turkey & Cheese Sandwich  
Fruit Parfait w/ Granola & Goldfish Crackers

### MEAL PRICES

Student Lunch: \$1.25  
SES & NSE are CEP Schools  
Lunch Is FREE  
Student Extra Entrée: \$2.00  
Various Snacks: \$1.25+  
Adult Lunch: \$5.25  
Adult Lunch Entrée Only: \$3.50

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MENU  
SUBJECT TO  
CHANGE

# Middle School

## JANUARY 2026 Breakfast Menu

Health-e Pro 

MON

TUE

WED

THU

FRI

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5  
Poptarts  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

6  
Apple Bites  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

7  
Trix Muffin  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

8  
Mini Loaf  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

9  
Egg & Cheese English Muffin  
100% Fruit Juice  
Whole fresh Fruit  
Choice of Milk

12  
Breakfast Bun  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

13  
Pizza Bagel  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

14  
Mini Maple Waffles  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

15  
Cinnamon Turnover  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

16  
Sausage & Egg Stuffed Waffle  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

19 \*School Closed\*



20  
Ultra Bread  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

21  
Crumb Cake  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

22  
Cinnamon Toast  
Crunch  
Mini French Toast  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

23  
Mini Cinnis  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

26  
Froot Loop Waffles  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

27  
Sunrise Stick  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

28  
Donut Holes  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

29  
Muffin  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

30  
Cinnamon Roll  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

### ANNOUNCEMENTS

Breakfast Meals are  
Grab & Go!

**FREE!**

Stop in the Cafeteria  
to Start your day!

### MEAL PRICES

Student Breakfast: FREE

Student Extra Entrée: \$1.00

Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

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# Middle School

## JANUARY 2026 Lunch Menu

Health-e Pro 

CHOICE  
OF FAT FREE FLAVORED,  
1% WHITE & SKIM MILK DAILY

MON

TUE

WED

THU

FRI

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5  
Mozzarella Sticks  
Marinara Sauce  
Seasoned Carrots  
Seasoned Green Beans  
Applesauce Cup

6  
Chicken Sandwich  
Tater Triangles  
Vegetarian Baked Beans  
Froot Jooce Cup

7  
Spicy Honey or Plain Wings w/ Mac & Cheese  
Seasoned Corn  
Celery Sticks  
Cinnamon Diced Pears

8  
Beef and Cheese Nachos  
Salsa cup  
Seasoned Broccoli  
Cool Tropic

9  
Stuffed Crust Pepperoni or Cheese Pizza  
Potato Wedges  
Celery & Carrot Veggie Cup  
Diced Peaches

12  
Cheesesteak Melt  
Crinkle Cut Fries  
Veggie Juice  
Sliced Peaches

13  
Soft Taco or Barbacoa Burrito Bowl  
Seasoned Black Beans  
Fiesta Corn  
Pineapple cup

14  
French Bread Pizza  
Vegetable Soup  
Mixed Vegetables  
Sidekick

15  
Mandarin Orange Chicken w/ Rice & Dinner Roll or Chicken & Vegetable Dumplings w/ Rice & Dinner roll  
Steamed Broccoli  
Orange Glazed Carrots  
Mandarin Orange Cup

16  
Chicken Tenders w/ Corn Muffin  
Mashed Potatoes w/ Gravy  
Seasoned Green Beans  
Cin. Applesauce Cup

19 \*School Closed\*



20  
Cheese Quesadilla or Fish Sticks w/ Dinner Roll  
Crispy Fries  
Romaine Side Salad  
Seasoned Carrots  
Diced Pears

21  
Pizza Palooza Homemade Pizza  
Pizza Style Green beans  
Cucumber Cup w/ Dip  
Apple Slices

22  
Chicken Bites w/ Corn Muffin  
Sweet Potato Wedges  
Texas Ranchero Pinto Beans  
Orange Slices

23  
Beef Chili w/ Tostito Scoops  
Baked Potato  
Steamed Spinach  
Mixed Fruit Cup

26  
Pizza Crunchers  
Pepperoni Pizza Potato Bake  
Marinara Sauce  
Diced Peaches

27  
Ramen (Woodles) Bowl  
Edamame  
Spinach Side Salad  
Apple Slices

28  
Breakfast for Lunch  
Chicken Sausage w/ French Toast Sticks  
Tater Triangles  
Baked Sweet Potatoes  
Frozen Fruit Cup

29  
Cheeseburger  
Crinkle Cut Fries  
BBQ Baked Beans  
Sliced Pears

30  
Grilled Cheese or BBQ Beef Rib Sandwich  
Tomato Soup  
Seasoned Green beans  
Pineapple Cup

### ANNOUNCEMENTS

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick  
Cheese Sandwich  
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:  
Chicken Caesar Salad w/ Pretzel  
Eagle Lunchable

Tuesday and Thursday:  
Turkey & Cheese Sub or Sandwich  
Fruit Parfait w/ Granola & Goldfish

**WHOLE FRESH FRUIT OFFERED DAILY**

### MEAL PRICES

Student Lunch: \$1.50  
Student Extra Entrée: \$2.00  
Various Snacks: \$1.25+  
Adult Lunch: \$5.25  
Adult Lunch Entrée Only: \$3.50

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**MENU SUBJECT TO CHANGE**

# Smyrna High School JANUARY 2026

## Grab & Go Menu

Health-e Pro 

Additional Entrees  
Offered

MON

TUE

WED

THU

FRI

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5  
  
**PopTart**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

6  
**Ultra Bread**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

7  
**NutriGrain Bar w/ Graham Cracker**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

1  
  
**HAPPY NEW YEAR 2026**

8  
**Donut Sticks**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

2  
**\*School Closed\* Professional Learning Day**



9  
**Cereal Blast Waffle**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

12  
**Pull-Apart Donut**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

13  
**PopTart**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

14  
**Crumb Cake**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

15  
**Ultra Bread**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

16  
**Chocolate Chip Muffin Top w/ Scooby Bones**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

19  
**\*School Closed\***  
  


20  
**Apple Bites**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

21  
**Mini Donut Holes**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

22  
  
**Muffins**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

23  
**Mini Cinnis**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

26  
**PopTart**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

27  
**Breakfast Bun**  
100% Fruit Juice  
Assorted Dried Fruit  
Choice of Milk

28  
**BagelFul**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

29  
**Mini Loaf**  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

30  
**Powdered Donut**  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

FREE  
**GRAB YOURS TODAY!**

**GRAB & GO  
AVAILABLE IN  
SMYRNA SIDE  
ENTRANCE  
OF  
THE SCHOOL**

### MEAL PRICES

**Student Breakfast: FREE  
Student Extra Entrée: \$1.00  
Adult Breakfast: \$3.50  
Adult Breakfast Entrée Only: \$2.00**

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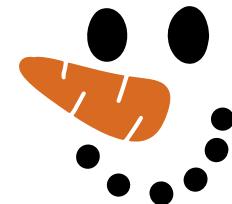
**MENU  
SUBJECT TO  
CHANGE**

# High School JANUARY 2026

## Breakfast Menu

Health-e Pro 

Additional Entrees Offered



Daily:

2 Ounce Cereal

NutriGrain Bar w/ Graham Cracker  
Double Pack PopTart

Monday and Friday:  
Munchable Cup

Wednesday  
Apple Nachos

Tuesday and Thursday:  
Smoothie w/ Graham Cracker  
**WHOLE FRESH FRUIT OFFERED DAILY**

### MEAL PRICES

Student Breakfast: FREE

Student Extra Entrée: \$1.00

Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

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**MENU SUBJECT TO CHANGE**

MON

TUE

WED

THU

FRI

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5 Breakfast Bun  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

6 Piggiestick  
100% Fruit Juice/  
Assorted Dried Fruit  
Whole Fresh Fruit  
Choice of Milk

7 Bagel  
w/ Cream Cheese  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

1 

2 \*School Closed\*  
Professional Learning Day



8 Pancakes w/ Sausage  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

9 Breakfast  
Sandwiches  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

12 Breakfast  
Sandwiches  
Triangle Hashbrowns  
100% Fruit Juice/  
Assorted Dried Fruit  
Whole Fresh Fruit  
Choice of Milk

13 Trix Muffin  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

14 Dutch Waffle  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

15 Apple/Cinnamon  
Turnover  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

16 Breakfast  
Sandwiches  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

19 \*School Closed\*  


20 Ultra Bread  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

21 Muffins  
100% Fruit Juice  
Asst. Dried Fruit  
Choice of Milk

22 French Toast Sticks  
w/ Sausage Patty  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk

23 Sunrise Sticks  
w/ Tots  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

26 Apple Bites  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

27 Sausage  
& Cheese Stuffed  
Waffle  
w/ Tater Tots  
100% Fresh Fruit  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk



28 Donuts  
100% Fruit Juice  
Whole Fresh Fruit  
Choice of Milk

29 Pancake Sandwich  
100% Fruit Juice  
Whole Fresh/Asst.  
Dried Fruit  
Choice of Milk



**MENU SUBJECT TO CHANGE**

# High School JANUARY 2026

## Lunch Menu

MON

TUE

WED

Health-e Pro 

FRI

WHOLE FRESH FRUIT  
OFFERED DAILY

CHOICE  
OF FAT FREE FLAVORED,  
1% WHITE & SKIM MILK DAILY

## ANNOUNCEMENTS

Daily:

PB&J Sandwich

Assorted Wraps

Fruit Salad w/ Breadstick

Monday, Wednesday and Friday

Chicken Caesar Salad w/  
Breadstick

Hummus Platter

EAGLE LUNCHABLES

(Cheese/Pepperoni/BBQ Chicken  
Pizza)

Tuesday and Thursday:

Buffalo Chicken Salad w/  
Breadstick

Fruit Parfait w/  
Granola & Breadstick

Turkey & Cheese Sub

## MEAL PRICES

Student Lunch: \$1.50

Student Extra Entrée: \$2.00

Various Snacks: \$1.25+

Adult Lunch: \$5.25

Adult Lunch Entrée Only: \$3.50

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5 Mozzarella Sticks w/  
Corn Muffin  
Spicy Mozzarella Bites  
w/ Corn Muffin  
Marinara Sauce  
Waffle Fries  
Seasoned Broccoli  
Cinnamon Applesauce  
Cup

6 Chicken Sandwich  
Tater Triangles  
Seasoned Broccoli  
Vegetarian Baked Beans  
Frozen Fruit Cup

7 Spicy Honey,  
Mango Habanero, or Plain  
Boneless Wings  
w/ Biscuit  
Homemade Mac & Cheese  
Seasoned Corn  
Celery Sticks w/ Dip  
Carroteenies  
Apple Slices

1

  
HAPPY  
NEW YEAR  
2026

8 Beef & Cheese  
Nachos  
Baked Potato  
Buffalo Cauliflower  
Salsa Cup  
Cool Tropic

2 \*School Closed\*  
Professional Learning  
Day



9 Beef Chili  
w/ Cornbread &  
Tostitos Scoops  
Crispy Fries  
Seasoned Broccoli  
Diced Peaches

12 Chipotle Chicken  
Sandwich  
or  
Cheesesteak Melt  
Crinkle Cut Fries  
Jalapeno Cilantro Cole Slaw  
V-Blend Juice  
Diced Peaches

13 Walking Taco  
or  
Burrito Bowl  
Cilantro Lime rice  
Seasoned Black Beans  
Fiesta Corn  
Salsa Cup  
Pineapple Cup

14 French Bread Pizza  
w/ Garlic Knot  
Vegetable Soup  
Potato Wedges  
Sidekick

15 Mandarin  
Orange Chicken  
w/ Rice & Egg Roll  
or  
Chicken & Vegetable  
Dumplings w/ Rice & Egg roll  
Steamed Broccoli  
Orange Glazed Carrots  
Mandarin Orange Cup

16 Oven Baked  
Chicken w/ Biscuit  
Seasoned Mashed  
Potatoes w/Gravy  
Seasoned Green Beans  
Cinnamon Applesauce

19 \*School Closed\*



20 Cheese  
Quesadilla

Fish Filet Sandwich  
HushPuppies  
Garden Salad  
w/ Grape Tomato  
Texas Ranchero Beans  
Sweet Potato Wedges  
Applesauce Cup

21 Pizza Palooza  
Homemade Pizza  
Pizza Style Green Beans  
Cucumber Cup w/ Dip  
Orange Slices

22 Chicken Bites  
w/Cornbread  
Caesar Side Salad  
Seasoned Mixed  
Vegetables  
Texas Ranchero Beans  
Hot Apples

23 Baked Ziti  
w/ Garlic Knot  
Maple Brown Sugar  
Carrots  
Steamed Spinach  
Mixed Fruit Cup

26 Pizza Crunchers  
Marinara Sauce  
Crinkle Cut Fries  
Seasoned Broccoli  
Diced Peaches

27 Pulled BBQ  
Chicken Sandwich  
CornDog  
Texas Ranchero Beans  
Seasoned Carrots  
Cucumber Cup w/ Dip  
Chocolate Chip Cookie  
Apple Slices

28 BREAKFAST FOR LUNCH  
Chicken Sausage  
w/ Pancakes  
Maple Brown Sugar  
Carrots  
Spinach Side Salad  
Froot Jooce

29 Chicken Tenders  
w/ Garlic Bread  
Seasoned Mashed  
Potatoes w/ Gravy  
Steamed Peas  
Hot Apple Slices

30 Grilled Cheese  
Pizza Bagels  
Tomato Soup w/  
Goldfish Crackers  
Seasoned Green Beans  
Pineapple Cup

# CACFP JANUARY 2026 Menu

Health-e Pro 

MON

TUE

WED

THU

FRI

Menus are available online at: <http://www.smyrna.k12.de.us>.  
"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.

5 Cheez-Its  
Sunflower Seeds  
Cheese Stick  
Applesauce Cup  
V-Blend Juice  
Milk and Water

6 Waffle Envy  
Peanut Butter Cup  
Cheese Cubes  
Craisins  
Carroteenies  
Milk and Water

7 Graham Cracker  
Cheese Cubes (2)  
Applesauce Cup  
Carroteenies  
Milk and Water

1 Happy New Year!  
2026

2 \*School Closed\*  
Professional Learning Day



12 Strawberry Chex Mix  
Cheese Cubes (2)  
Applesauce Cup  
V-Blend Juice  
Milk and Water

13 Peanut Butter & Jelly  
Cheese Stick  
Apple Slices  
Carroteenies  
Milk and Water

14 Cornbread Loaf  
Cheese Stick (2)  
Apple Chips  
Carroteenies  
Milk and Water

15 Soft Pretzel  
Cheese Dip  
Cheese Stick  
Craisins  
Carroteenies  
Milk and Water

16 Waffle Envy  
Peanut Butter Cup  
Cheese Cubes  
Raisins  
V-Blend Juice  
Milk and Water

19 \*School Closed\*



20 Graham Cracker  
Cheese Cubes (2)  
Applesauce Cup  
V-Blend Juice  
Milk and Water

21 Muffin  
Peanut Butter Cup  
Apple Chips  
Carroteenies  
Milk and Water

22 Strawberry Chex Mix  
Cheese Cubes (2)  
Apple Slices  
V-Blend Juice  
Milk and Water

23 Ultra Bread  
Peanut Butter Cup  
Cheese Stick  
Raisins  
Carroteenies  
Milk and Water

26 Strawberry Chex Mix  
Cheese Cubes (2)  
Applesauce Cup  
V-Blend Juice  
Milk and Water

27 Soft Pretzel  
Cheese Dip  
Cheese Stick  
Craisins  
Carroteenies  
Milk and Water

28 Chocolate Chip  
Muffin Top  
Cheese Cubes  
PNB Cup  
Apple Slices  
Carroteenies  
Milk and Water

29 Waffle Envy  
Peanut Butter Cup  
Cheese Cubes  
Raisins  
Carroteenies  
Milk and Water

30 Cornbread Loaf  
Cheese Stick (2)  
Apple Chips  
V-Blend Juice  
Milk and Water

## ANNOUNCEMENTS

The Child and Adult Care Food Program (CACFP) is available to students for scheduled\* after school activities

\*Teachers/ coaches must schedule CACFP snacks with the cafeteria manager before the day of the event

At Smyrna High School and Smyrna Middle School, CACFP is available to students daily after school at the Snack Shack

*This institution is an equal opportunity provider.*

## MEAL PRICES

CACFP is provided to students at no cost



MENU  
SUBJECT TO  
CHANGE