

Clayton Elementary & SunnySide

JANUARY 2026 Breakfast Menu

WHOLE FRESH
FRUIT OFFERED
DAILY

Healthy Choices

MON

TUE

WED

THU

FRI

Additional Entrees Offered

Daily

1 ounce Cereal w/ Graham Cracker
1 pack Pop Tart w/ Graham Cracker

Monday and Friday
Munchable cup

Wednesday
Apple Nachos

Tuesday and Thursday
Smoothie w/ Graham Cracker

**WHOLE FRESH
FRUIT
OFFERED DAILY**



MEAL PRICES

Student Breakfast: FREE
Student Extra Entrees: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

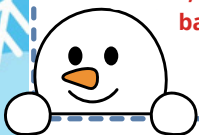
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**MENU
SUBJECT TO
CHANGE**

Menus are available online at: <http://www.smyrna.k12.de.us>.

"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.



5
Breakfast Bun
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

6
Piggiestick
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

7
Dutch Waffle
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

8
Cinnamon Turnover
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

9
Breakfast Sandwiches
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

12
Trix Muffin
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

13
Ultra Bread
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

14
Assorted Muffins
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15
French Toast Sticks
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

16
Sunrise Stick
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

19 ***School Closed***


20
Pizza Bagels
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

21
Donuts
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk



22
Apple Bites
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

23
Breakfast Sandwiches
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

26
Pancakes
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

27
Mini Cinnis
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

28
Cheesy Scrambled Eggs w/ Graham Cracker
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

29
Pull-Apart Donut
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

30
Breakfast Sandwiches
100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

Grab & Go Breakfast Menu

JANUARY 2026

Health-e Pro

MON

TUE

WED

THU

FRI

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5

Poptart

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

6

Apple Bites

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

7

Trix Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

1



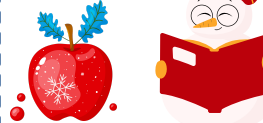
8

Mini Loaf

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

2

School Closed
Professional Learning
Day



9

Egg and Cheese English Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

12

Breakfast Bun

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

13

Pizza Bagel

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

14

Mini Maple Waffles

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15

Chocolate Chip Muffin Top

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

16

Sausage and Cheese Stuffed Waffle

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

19

School Closed



20

Ultra Bread

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

21

Donut Holes

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

22

Cinnamon Toast Crunch French Toast

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

23

Sunrise Stick

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

26

Froot Loop Waffles

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

27

Poptart

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

28

Sunrise Stick

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

29

Asst. Muffin

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

30

Mini Cinnis

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

ANNOUNCEMENTS

Grab & Go Breakfast is
available at:
Smyrna Elementary
North Smyrna Elementary
Clayton Intermediate
John Basset Moore

MEAL PRICES

Student Breakfast: FREE
Student Extra Entrees: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

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**MENU
SUBJECT TO
CHANGE**

Kindergarten - 6th Grade

JANUARY 2026 Lunch Menu

CHOICE
OF FAT FREE FLAVORED,
1% WHITE & SKIM MILK DAILY

Health-e Pro

WHOLE, FRESH FRUIT
OFFERED DAILY

MON

TUE

WED

THU

FRI

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5 **Mozzarella Sticks**
Marinara Sauce
Seasoned Carrots
Cinnamon
Applesauce Cup

6 **Chicken Patty Sandwich**
Crinkle Cut Fries
Vegetarian Baked Beans
Diced Peaches

7 **Spicy or Plain Boneless Wings w/ Cornbread**
Seasoned Corn
Celery Sticks
Cin. Diced Pears



8 **Beef & Cheese Nachos**
Salsa Cup
Seasoned Broccoli
Cool Tropic



9 **Stuffed Crust Cheese or Pepperoni Pizza**
Romaine Garden Salad
Seasoned Green Beans
Frozen Fruit Cup

12 **Meatless Monday Cheesy Breadstick**
Crinkle Cut French Fries
Vegetable Juice
Frozen Fruit Cup

13 **Soft Taco w/ Toppings**
Fiesta Corn
Seasoned Black Beans
Pineapple Cup

14 **French Bread Pizza**
Mixed Vegetables
Vegetable Soup
Sidekick

15 **Mandarin Orange Chicken w/ Rice & Roll or Chicken & Vegetable Dumplings**
Orange Glazed Carrots
Seasoned Broccoli
Mandarin Orange Cup

16 **Oven Baked Chicken w/ Biscuit**
Mashed Potatoes w/ Gravy
Seasoned Green Beans
Cin. Applesauce Cup



26 **Pizza Crunchers**
Marinara Sauce
Seasoned Broccoli
Diced Peaches

20 **Cheese Quesadilla or Fish Sticks w/ Dinner Roll**
Steamed Peas
Romaine Side Salad
Cinnamon Diced Pears

27 **Ramen (Woodles) Bowl**
Mixed Vegetables
Spinach Side Salad
Apple Slices



21 **Pizza Palooza Homemade Pizza**
Pizza Style Green Beans
Carroteenies w/DIIP
Applesauce Cup

28 **Breakfast for Lunch Chicken Sausage w/ French Toast Sticks**
Maple Brown Sugar
Carrots
Crinkle Cut Fries
100% Fruit Juice

22 **Chicken Bites w/ Corn Muffin**
Texas Ranchero Beans
Sweet Potato Wedges
Froot Jooce Cup

29 **Pizza Bagels**
BBQ Baked Beans
Emoji Fries
Sliced Pears

23 **Beef Chili w/ Tostito Scoops**
Baked Potato
Steamed Spinach
Mixed Fruit Cup

30 **Grilled Cheese or BBQ Beef Rib Sandwich**
Tomato Soup
Seasoned Green beans
Hot Apple Slices

ANNOUNCEMENTS

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:
Chicken Caesar Salad w/ Pretzel
Eagle Lunchable

Tuesday and Thursday:
Turkey & Cheese Sandwich
Fruit Parfait w/ Granola & Goldfish Crackers

MEAL PRICES

Student Lunch: \$1.25
SES & NSE are CEP Schools
Lunch Is FREE
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

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MENU
SUBJECT TO
CHANGE



Middle School

JANUARY 2026 Breakfast Menu

Health-Pro 🍏

MON

TUE

WED

THU

FRI

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5

Poptarts

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

6

Apple Bites

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

7

Trix Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk



8

Mini Loaf

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

9

Egg & Cheese English Muffin

100% Fruit Juice
Whole fresh Fruit
Choice of Milk



12

Breakfast Bun

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

13

Pizza Bagel

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

14

Mini Maple Waffles

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk



15

Cinnamon Turnover

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

16

Sausage & Egg Stuffed Waffle

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

19 *School Closed*



20

Ultra Bread

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

21

Crumb Cake

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

22

Cinnamon Toast Crunch Mini French Toast

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

23

Mini Cinnis

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

26

Froot Loop Waffles

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

27

Sunrise Stick

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

28

Donut Holes

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

29

Muffin

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

30

Cinnamon Roll

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

ANNOUNCEMENTS

Breakfast Meals are
Grab & Go!

FREE!

Stop in the Cafeteria
to Start your day!

MEAL PRICES

Student Breakfast: FREE

Student Extra Entrée: \$1.00

Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

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**MENU
SUBJECT TO
CHANGE**



Middle School

JANUARY 2026 Lunch Menu

Health-e Pro 

CHOICE
OF FAT FREE FLAVORED,
1% WHITE & SKIM MILK DAILY

MON

TUE

WED

THU

FRI

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5
Mozzarella Sticks
Marinara Sauce
Seasoned Carrots
Seasoned Green Beans
Applesauce Cup

6
Chicken Sandwich
Tater Triangles
Vegetarian Baked Beans
Froot Jooce Cup

7
Spicy Honey or Plain Wings w/ Mac & Cheese
Seasoned Corn
Celery Sticks
Cinnamon Diced Pears

1
HAPPY NEW YEAR 2026

8
Beef and Cheese Nachos
Salsa cup
Seasoned Broccoli
Cool Tropic

2 ***School Closed***
Professional Learning Day



9 **Stuffed Crust Pepperoni or Cheese Pizza**
Potato Wedges
Celery & Carrot Veggie Cup
Diced Peaches

12
Cheesesteak Melt
Crinkle Cut Fries
Veggie Juice
Sliced Peaches

13
Soft Taco or Barbacoa Burrito Bowl
Seasoned Black Beans
Fiesta Corn
Pineapple cup

14
French Bread Pizza
Vegetable Soup
Mixed Vegetables
Sidekick

15
Mandarin Orange Chicken w/ Rice & Dinner Roll or Chicken & Vegetable Dumplings w/ Rice & Dinner roll
Steamed Broccoli
Orange Glazed Carrots
Mandarin Orange Cup

16
Chicken Tenders w/ Corn Muffin
Mashed Potatoes w/ Gravy
Seasoned Green Beans
Cin. Applesauce Cup

19 ***School Closed***



20
Cheese Quesadilla or Fish Sticks w/ Dinner Roll
Crispy Fries
Romaine Side Salad
Seasoned Carrots
Diced Pears

21 **Pizza Palooza**
Homemade Pizza
Pizza Style Green beans
Cucumber Cup w/ Dip
Apple Slices

22
Chicken Bites w/ Corn Muffin
Sweet Potato Wedges
Texas Ranchero Pinto Beans
Orange Slices

23
Beef Chili w/ Tostito Scoops
Baked Potato
Steamed Spinach
Mixed Fruit Cup

26
Pizza Crunchers
Pepperoni Pizza Potato Bake
Marinara Sauce
Diced Peaches

27
Ramen (Woodles) Bowl
Edamame
Spinach Side Salad
Apple Slices



28
Breakfast for Lunch
Chicken Sausage w/ French Toast Sticks
Tater Triangles
Baked Sweet Potatoes
Frozen Fruit Cup

29
Cheeseburger
Crinkle Cut Fries
BBQ Baked Beans
Sliced Pears

30
Grilled Cheese or BBQ Beef Rib Sandwich
Tomato Soup
Seasoned Green beans
Pineapple Cup

ANNOUNCEMENTS

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:
Chicken Caesar Salad w/ Pretzel
Eagle Lunchable

Tuesday and Thursday:
Turkey & Cheese Sub or Sandwich
Fruit Parfait w/ Granola & Goldfish



WHOLE FRESH FRUIT OFFERED DAILY

MEAL PRICES

Student Lunch: \$1.50
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

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**MENU
SUBJECT TO
CHANGE**

Smyrna High School JANUARY 2026

Grab & Go Menu

Health-e Pro 

MON

TUE

WED

THU

FRI

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PopTart

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

6

Ultra Bread

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

7

NutriGrain Bar w/ Graham Cracker

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

1

HAPPY
NEW YEAR
2026

8

Donut Sticks

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

9

Cereal Blast Waffle

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

2 *School Closed*
Professional Learning
Day



12

Pull-Apart Donut

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

13

PopTart

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

14

Crumb Cake

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15

Ultra Bread

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

16

Chocolate Chip Muffin Top w/ Scooby Bones

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

19 *School Closed*



20

Apple Bites

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

21

Mini Donut Holes

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

22

Muffins

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk



23

Mini Cinnis

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

26

PopTart

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

27

Breakfast Bun

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

28

BagelFul

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

29

Mini Loaf

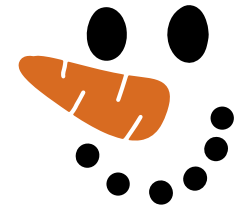
100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

30

Powdered Donut

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

Additional Entrees
Offered



FREE

GRAB
YOURS
TODAY!

GRAB & GO
AVAILABLE IN
SMYRNA SIDE
ENTRANCE
OF
THE SCHOOL

MEAL PRICES

Student Breakfast: FREE
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

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MENU
SUBJECT TO
CHANGE

High School JANUARY 2026

Breakfast Menu

Health-e Pro 

MON

TUE

WED

THU

FRI

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5

Breakfast Bun

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

6

Piggletstick

100% Fruit Juice/
Assorted Dried Fruit
Whole Fresh Fruit
Choice of Milk

7

Bagel w/ Cream Cheese

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

1

HAPPY
NEW YEAR
2026

8

Pancakes w/ Sausage

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

9

Breakfast Sandwiches

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

12

Breakfast Sandwiches

Triangle Hashbrowns
100% Fruit Juice/
Assorted Dried Fruit
Whole Fresh Fruit
Choice of Milk

13

Trix Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

14

Dutch Waffle

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15

Apple/Cinnamon Turnover

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

16

Breakfast Sandwiches

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

19

School Closed



20

Ultra Bread

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

21

Muffins

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

22

French Toast Sticks w/ Sausage Patty

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

23

Sunrise Sticks w/ Tots

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

26

Apple Bites

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

27

Sausage & Cheese Stuffed Waffle

w/ Tater Tots
100% Fresh Fruit
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

28

Donuts

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk



29

Pancake Sandwich

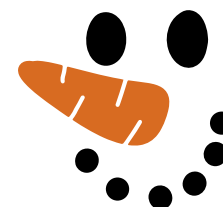
100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

30

Cinnamon Roll Casserole

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

Additional Entrees Offered



Daily:

2 Ounce Cereal
NutriGrain Bar w/ Graham Cracker
Double Pack PopTart

Monday and Friday:
Munchable Cup

Wednesday:
Apple Nachos

Tuesday and Thursday:
Smoothie w/ Graham Cracker
**WHOLE FRESH FRUIT
OFFERED DAILY**

MEAL PRICES

Student Breakfast: FREE
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

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**MENU
SUBJECT TO
CHANGE**

High School JANUARY 2026

Lunch Menu

Health-e Pro 

WHOLE FRESH FRUIT
OFFERED DAILY

CHOICE
OF FAT FREE FLAVORED,
1% WHITE & SKIM MILK DAILY

MON

TUE

WED

THU

FRI

ANNOUNCEMENTS

Daily:

PB&J Sandwich
Assorted Wraps
Fruit Salad w/ Breadstick

Monday, Wednesday and Friday

Chicken Caesar Salad w/
Breadstick
Hummus Platter
EAGLE LUNCHABLES
(Cheese/Pepperoni/BBQ Chicken
Pizza)

Tuesday and Thursday:

Buffalo Chicken Salad w/
Breadstick
Fruit Parfait w/
Granola & Breadstick
Turkey & Cheese Sub

MEAL PRICES

Student Lunch: \$1.50
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

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5 Mozzarella Sticks w/
Corn Muffin
Spicy Mozzarella Bites
w/ Corn Muffin
Marinara Sauce
Waffle Fries
Seasoned Broccoli
Cinnamon Applesauce
Cup

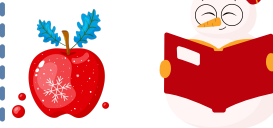
6 **Chicken Sandwich**
Tater Triangles
Seasoned Broccoli
Vegetarian Baked Beans
Frozen Fruit Cup

7 Spicy Honey,
Mango Habanero, or Plain
Boneless Wings
w/ Biscuit
Homemade Mac & Cheese
Seasoned Corn
Celery Sticks w/ Dip
Carroteenies
Apple Slices

1 **HAPPY
NEW YEAR
2026**

8 **Beef & Cheese
Nachos**
Baked Potato
Buffalo Cauliflower
Salsa Cup
Cool Tropic

2 ***School Closed***
Professional Learning
Day



9 **Beef Chili**
w/ Cornbread &
Tostitos Scoops
Crispy Fries
Seasoned Broccoli
Diced Peaches

12 **Chipotle Chicken
Sandwich**
or
Cheesesteak Melt
Crinkle Cut Fries
Jalapeno Cilantro Cole Slaw
V-Blend Juice
Diced Peaches

13 **Walking Taco
or
Burrito Bowl**
Cilantro Lime rice
Seasoned Black Beans
Fiesta Corn
Salsa Cup
Pineapple Cup

14 **French Bread Pizza
w/ Garlic Knot**
Vegetable Soup
Potato Wedges
Sidekick

15 **Mandarin
Orange Chicken
w/ Rice & Egg Roll
or
Chicken & Vegetable
Dumplings w/ Rice & Egg roll**
Steamed Broccoli
Orange Glazed Carrots
Mandarin Orange Cup

16 **Oven Baked
Chicken w/ Biscuit**
Seasoned Mashed
Potatoes w/Gravy
Seasoned Green Beans
Cinnamon Applesauce

19 ***School Closed***



20 **Cheese
Quesadilla**
Fish Filet Sandwich
HushPuppies
Garden Salad
w/ Grape Tomato
Texas Ranchero Beans
Sweet Potato Wedges
Applesauce Cup

21 **Pizza Palooza**
Homemade Pizza
Pizza Style Green Beans
Cucumber Cup w/ Dip
Orange Slices



22 **Chicken Bites
w/Cornbread**
Caesar Side Salad
Seasoned Mixed
Vegetables
Texas Ranchero Beans
Hot Apples

23 **Baked Ziti
w/ Garlic Knot**
Maple Brown Sugar
Carrots
Steamed Spinach
Mixed Fruit Cup

26 **Pizza Crunchers**
Marinara Sauce
Crinkle Cut Fries
Seasoned Broccoli
Diced Peaches

27 **Pulled BBQ
Chicken Sandwich
CornDog**
Texas Ranchero Beans
Seasoned Carrots
Cucumber Cup w/ Dip
Chocolate Chip Cookie
Apple Slices




28 **BREAKFAST FOR LUNCH**
**Chicken Sausage
w/ Pancakes**
Maple Brown Sugar
Carrots
Spinach Side Salad
Froot Jooce

29 **Chicken Tenders
w/ Garlic Bread**
Seasoned Mashed
Potatoes w/ Gravy
Steamed Peas
Hot Apple Slices

30 **Grilled Cheese
Pizza Bagels**
Tomato Soup w/
Goldfish Crackers
Seasoned Green Beans
Pineapple Cup

CACFP JANUARY 2026 Menu

Health-e Pro 

MON	TUE	WED	THU	FRI
<p>Menus are available online at: http://www.smyrna.k12.de.us. "The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law."Federal Nondiscrimination Statement on reverse side.</p>				<p>1 </p>
			<p>2 *School Closed* Professional Learning Day </p>	
<p>5 Cheez-Its Sunflower Seeds Cheese Stick Applesauce Cup V-Blend Juice Milk and Water</p>	<p>6 Waffle Envoy Peanut Butter Cup Cheese Cubes Craisins Carroteenies Milk and Water</p>	<p>7 Graham Cracker Cheese Cubes (2) Applesauce Cup Carroteenies Milk and Water</p>	<p>8 Chocolate Chip Muffin Top Cheese Cubes PNB Cup Apple Slices Carroteenies Milk and Water</p>	<p>9 Ultra Bread PNB Cup Cheese Stick Apple Chips V-Blend Juice Milk and Water</p>
<p>12 Strawberry Chex Mix Cheese Cubes (2) Applesauce Cup V-Blend Juice Milk and Water</p>	<p>13 Peanut Butter & Jelly Cheese Stick Apple Slices Carroteenies Milk and Water</p>	<p>14 Cornbread Loaf Cheese Stick (2) Apple Chips Carroteenies Milk and Water</p>	<p>15 Soft Pretzel Cheese Dip Cheese Stick Craisins Carroteenies Milk and Water</p>	<p>16 Waffle Envoy Peanut Butter Cup Cheese Cubes Raisins V-Blend Juice Milk and Water</p>
<p>19 *School Closed* </p>	<p>20 Graham Cracker Cheese Cubes (2) Applesauce Cup V-Blend Juice Milk and Water</p>	<p>21 Muffin Peanut Butter Cup Apple Chips Carroteenies Milk and Water</p>	<p>22 Strawberry Chex Mix Cheese Cubes (2) Apple Slices V-Blend Juice Milk and Water</p>	<p>23 Ultra Bread Peanut Butter Cup Cheese Stick Raisins Carroteenies Milk and Water</p>
<p>26 Strawberry Chex Mix Cheese Cubes (2) Applesauce Cup V-Blend Juice Milk and Water</p>	<p>27 Soft Pretzel Cheese Dip Cheese Stick Craisins Carroteenies Milk and Water</p>	<p>28 Chocolate Chip Muffin Top Cheese Cubes PNB Cup Apple Slices Carroteenies Milk and Water</p>	<p>29 Waffle Envoy Peanut Butter Cup Cheese Cubes Raisins Carroteenies Milk and Water</p>	<p>30 Cornbread Loaf Cheese Stick (2) Apple Chips V-Blend Juice Milk and Water</p>

ANNOUNCEMENTS

The Child and Adult Care Food Program (CACFP) is available to students for scheduled* after school activities

*Teachers/ coaches must schedule CACFP snacks with the cafeteria manager before the day of the event

At Smyrna High School and Smyrna Middle School, CACFP is available to students daily after school at the Snack Shack

This institution is an equal opportunity provider.

MEAL PRICES

CACFP is provided to students at no cost



**MENU
SUBJECT TO
CHANGE**