

Clayton Elementary & SunnySide

DECEMBER 2025 Breakfast Menu



MON

TUE

WED

THU

FRI

1

Pancakes

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

2

Ultra Bread

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

3

Donuts

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk



4

French Toast Sticks

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

5

Breakfast Sandwich

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

8

School Closed
Inservice Day



9

Sunrise Stick

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

10

Asst. Muffins

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

11

Apple Bites

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

12

Breakfast Sandwich

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15

Trix Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

16

Cinnamon Turnover

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

17

Cheesy Scrambled Eggs w/Graham Cracker

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

18

Pull-Apart Donut

100% Fruit Juice
Whole Fresh/Asst.
Dried Fruit
Choice of Milk

19

Pizza Bagel

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

22

23

24

25

26

Winter Break

29

30

Winter Break

Menus are available online at: <http://www.smyrna.k12.de.us>.

"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.

ADDITIONAL ENTREES OFFERED

Daily

1 ounce Cereal w/ Graham Cracker
1 pack Pop Tart w/ Graham Cracker

Monday and Friday

Munchable cup

Wednesday

Apple Nachos

Tuesday and Thursday

Smoothie w/ Graham Cracker

**WHOLE FRESH
FRUIT
OFFERED DAILY**



MEAL PRICES

Student Breakfast: FREE

Student Extra Entrees: \$1.00

Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

This institution is an equal opportunity provider



**MENU
SUBJECT TO
CHANGE**

Grab & Go Breakfast Menu

DECEMBER 2025



MON

TUE

WED

THU

FRI

1

Cinni Minis

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

2

Sunrise Stick

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

3

Donut Holes

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

4

Muffin

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

5

Froot Loop Waffles

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

8

School Closed
Inservice Day



9

Poptart

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

10

Mini Loaf

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

11

Apple Bites

100% Fruit Juice
Asst. Dried Fruit
Choice of Milk

12

Egg and Cheese English Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

15

Trix Muffin

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

16

Mini Maple Waffles

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

17

Sausage and Cheese Stuffed Waffle

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

18

Chocolate Chip Muffin Top

100% Fruit Juice
Assorted Dried Fruit
Choice of Milk

19

Pizza Bagel

100% Fruit Juice
Whole Fresh Fruit
Choice of Milk

22

23

24

25

26

Winter Break

29

30

31

Winter Break

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ANNOUNCEMENTS

Grab & Go Breakfast is available at:

Smyrna Elementary
North Smyrna Elementary
Clayton Intermediate
John Basset Moore

MEAL PRICES

Student Breakfast: FREE

Student Extra Entrees: \$1.00

Adult Breakfast: \$3.50

Adult Breakfast Entrée Only: \$2.00

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MENU
SUBJECT TO
CHANGE

Kindergarten - 6th Grade

DECEMBER 2025 Lunch Menu

CHOICE
OF FAT FREE FLAVORED,
1% WHITE & SKIM MILK
DAILY
WHOLE FRESH FRUIT
OFFERED DAILY

Health-e Pro

FRI

ANNOUNCEMENTS

Daily:

**PB&J Sandwich w/ Goldfish &
Cheese Stick
Cheese Sandwich
Fruit Salad w/ Pretzel**

Monday, Wednesday, Friday:
**Chicken Caesar Salad w/ Pretzel
Eagle Lunchable**

Tuesday and Thursday:
**Turkey & Cheese Sandwich
Fruit Parfait w/ Granola &
Goldfish Crackers**

MEAL PRICES

Student Lunch: \$1.25
SES & NSE are CEP Schools
Lunch Is FREE
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

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provider*



**MENU
SUBJECT TO
CHANGE**

MON

TUE

WED

THU

**1 Meatless Monday
Cheesy Breadstick**
Crinkle Cut French
Fries
Vegetable Juice
Frozen Fruit Cup

**2 Taco Tuesday
Soft Taco**
Fiesta Corn
Seasoned
Black Beans
Pineapple Cup

**3 Buffalo or Plain
Boneless Wings w/
Cornbread**
Seasoned Corn
Celery Sticks
Cin. Diced Pears

**4 Mandarin Orange
Chicken w/ Rice & Roll
or
Chicken & Vegetable
Dumplings**
Orange Glazed Carrots
Seasoned Broccoli
Mandarin Orange Cup

**5 Oven Baked
Chicken
w/ Biscuit**
Mashed Potatoes
w/ Gravy
Seasoned Green Beans
Applesauce Cup

**8 School Closed
*Inservice Day***

**9 Cheese
Quesadilla
or
Fish Sticks
w/ Cornbread**
Steamed Peas
Romaine Side Salad
Frozen Peach Cup

**10 Pizza Palooza
Homemade Pizza**
Pizza Style Green Beans
Carroteenies w/Dip
Applesauce Cup

**11 Chicken Bites
w/ Corn Muffin**
Texas Ranchero Beans
Sweet Potato Wedges
Froot Jooce Cup

**12 Beef Chili
w/ Tostito Scoops**
Baked Potato
Steamed Spinach
Mixed Fruit Cup

15 Pizza Crunchers
Marinara Sauce
Seasoned Broccoli
Diced Peaches

16 Pizza Bagels
BBQ Baked Beans
Cucumber Cup w/ Dip
Apple Slices

**17 Breakfast for Lunch
Chicken Sausage
w/ Pancakes**
Maple Brown Sugar
Carrots
Spinach Side Salad
100% Fruit Juice

18 Holiday Meal
Roast Turkey
Mashed Potatoes
w/ Gravy
Seasoned Green Beans
Cranberry Sauce
Triple Chocolate Cookie
Hot Apple Slices

**19 Chicken Nuggets
w/ Goldfish Crackers**
Celery Sticks w/ Dip
Seasoned Corn
Froot Jooce Cup

Winter Break

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Winter Break

Smyrna Middle School

DECEMBER 2025 Breakfast Menu

Health-Pro 

MON	TUE	WED	THU	FRI
1 Cinnamon Roll 100% Fruit Juice Whole Fresh Fruit Choice of Milk	2 Sunrise Stick 100% Fruit Juice Assorted Dried Fruit Choice of Milk	3 Donut Holes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	4 Muffins 100% Fruit Juice Assorted Dried Fruit Choice of Milk	5 Froot Loop Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk
8 School Closed *Inservice Day* 	9 Apple Bites 100% Fruit Juice Assorted Dried Fruit Choice of Milk	10 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	11 Mini Loaf 100% Fruit Juice Assorted Dried Fruit Choice of Milk	12 Egg & Cheese English Muffin 100% Fruit Juice Whole fresh Fruit Choice of Milk
15 Breakfast Bun 100% Fruit Juice Whole Fresh Fruit Choice of Milk	16 Pizza Bagel 100% Fruit Juice Assorted Dried Fruit Choice of Milk	17 Mini Maple Waffles 100% Fruit Juice Whole Fresh Fruit Choice of Milk	18 Cinnamon Turnover 100% Fruit Juice Assorted Dried Fruit Choice of Milk	19 Sausage & Egg Stuffed Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk
22 	23 	24 	25 	26 
29 	30 	Winter Break 		

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ANNOUNCEMENTS

Breakfast Meals are
Grab & Go!
Stop in the Cafeteria
to Start your day!



MEAL PRICES

Student Breakfast: FREE
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

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MENU
SUBJECT TO
CHANGE

Smyrna Middle School

DECEMBER 2025 Lunch Menu

Health-e Pro 

CHOICE
OF EAT FREE FLAVORED,
1% WHITE & SKIM MILK DAILY
WHOLE FRESH FRUIT
OFFERED DAILY

MON	TUE	WED	THU	FRI
1 Cheesesteak Melt Crinkle Cut Fries Veggie Juice Sliced Peaches	2 Soft Taco or Barbacoa Burrito Bowl Seasoned Black Beans Fiesta Corn Cilantro Lime Rice Froot Jooce cup	3 French Bread Pizza Vegetable Soup Red Pepper Slices w/Dip Sidekick	4 Mandarin Orange Chicken w/ Rice & Dinner Roll or Chicken & Vegetable Dumplings w/ Rice & Dinner roll Steamed Broccoli Orange Glazed Carrots Mandarin Orange Cup	5 Oven Baked Chicken w/ Corn Muffin Mashed Potatoes w/ Gravy Seasoned Green Beans Cin. Applesauce Cup
8 School Closed *Inservice Day* 	9 Cheese Quesadilla or Fish Sandwich Steamed Peas Romaine Garden Salad Diced Pears	10 Pizza Palooza Homemade Pizza Pizza Style Green beans Carroteenies w/ Dip Apple Slices	11 Chicken Bites w/ Corn Muffin Sweet Potato Wedges Texas Ranchero Pinto Beans Orange Slices	12 Beef Chili w/ Tostito Scoops Baked Potato Steamed Spinach Mixed Fruit Cup
15 Pizza Crunchers Pepperoni Pizza Potato Bake Cowboy Baked Beans Applesauce Cup	16 CornDog Seasoned Carrots Cucumber Cup w/ Dip Apple Slices	17 Breakfast for Lunch Chicken Sausage w/ Pancakes Tater Triangles Baked Sweet Potatoes Frozen Fruit Cup	18 Holiday Meal Roast Turkey Mashed Potatoes & Gravy Seasoned Green Beans Cornbread Cranberry Sauce Triple Chocolate Chip Cookies Hot Apple Slices	19 Cheese Pizza Bagels Seasoned Broccoli Cream of Tomato Soup Froot Jooce Cup
22 	23 	24 	25 	26 
Winter Break				
29 	30 	Winter Break		

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Additional Entrees Offered

Daily:

PB&J Sandwich w/ Goldfish & Cheese Stick
Cheese Sandwich
Fruit Salad w/ Pretzel

Monday, Wednesday, Friday:

Chicken Caesar Salad w/ Pretzel
Eagle Lunchable

Tuesday and Thursday:

Turkey & Cheese Sub or Sandwich
Fruit Parfait w/ Granola & Goldfish

MEAL PRICES

Student Lunch: \$1.50
 Student Extra Entrée: \$2.00
 Various Snacks: \$1.25+
 Adult Lunch: \$5.25
 Adult Lunch Entrée Only: \$3.50

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**MENU
SUBJECT TO
CHANGE**

Smyrna High School

DECEMBER 2025 Breakfast Menu

Health-e Pro

MON	TUE	WED	THU	FRI
1 Apple Bites 100% Fruit Juice Whole Fresh Fruit Choice of Milk	2 Sausage & Cheese Stuffed Waffle w/ Tater Tots 100% Fresh Fruit Whole Fresh/Asst. Dried Fruit Choice of Milk	3 Donuts 100% Fruit Juice Whole Fresh Fruit Choice of Milk	4 Pancake Sandwich 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	5 Cinnamon Roll Casserole 100% Fruit Juice Whole Fresh Fruit Choice of Milk
8 School Closed *Inservice Day* 	9 Piggie Stick w/ Tater Tots 100% Fresh Fruit Whole Fresh/Asst. Dried Fruit Choice of Milk	10 Bagels w/Cream Cheese 100% Fruit Juice Whole Fresh Fruit Choice of Milk	11 Confetti or Maple Pancakes w/ Sausage Patty 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	12 Breakfast Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk
15 Trix Muffin 100% Fruit Juice Whole Fresh Fruit Choice of Milk	16 Sunrise Stick w/ Tater Triangles 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	17 Dutch Waffle 100% Fruit Juice Whole Fresh Fruit Choice of Milk	18 Apple Roll or Cinnamon Turnover 100% Fruit Juice Whole Fresh/Asst. Dried Fruit Choice of Milk	19 Croissant Sandwiches 100% Fruit Juice Whole Fresh Fruit Choice of Milk
22 	23 	24 	25 	26 
29 	30 	Winter Break Menus are available online at: http://www.smyrna.k12.de.us . "The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.		

Additional Entrees Offered

Daily:
 2 Ounce Cereal
 NutriGrain Bar w/ Graham Cracker
 Double Pack PopTart

Monday and Friday:
 Munchable Cup

Wednesday:
 Apple Nachos

Tuesday and Thursday:
 Smoothie w/ Graham Cracker

MEAL PRICES

Student Breakfast: FREE
 Student Extra Entrée: \$1.00
 Adult Breakfast: \$3.50
 Adult Breakfast Entrée Only: \$2.00

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**MENUS
SUBJECT TO
CHANGE**

Smyrna High School

DECEMBER 2025 Grab & Go Breakfast Menu

MON	TUE	WED	THU	FRI
1 Pull-Apart Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk	2 PopTart 100% Fruit Juice Asst. Dried Fruit Choice of Milk	3 Crumb Cake 100% Fruit Juice Whole Fresh Fruit Choice of Milk	4 Ultra Bread 100% Fruit Juice Asst. Dried Fruit Choice of Milk	5 Chocolate Chip Muffin Top w/ Scooby Bones 100% Fruit Juice Whole Fresh Fruit Choice of Milk
8 School Closed *Inservice Day* 	9 Apple Bites 100% Fruit Juice Asst. Dried Fruit Choice of Milk	10 Mini Donut Holes 100% Fruit Juice Whole Fresh Fruit Choice of Milk	11 Muffins 100% Fruit Juice Asst. Dried Fruit Choice of Milk	12 Mini Cinnis 100% Fruit Juice Whole Fresh Fruit Choice of Milk
15 Poptart 100% Fruit Juice Whole Fresh Fruit Choice of Milk	16 Breakfast Bun 100% Fruit Juice Asst. Dried Fruit Choice of Milk	17 Bagelfuls 100% Fruit Juice Whole Fresh Fruit Choice of Milk	18 Mini Loafs w/ Graham Cracker 100% Fruit Juice Asst. Dried Fruit Choice of Milk	19 Powdered Donut 100% Fruit Juice Whole Fresh Fruit Choice of Milk
22 	23 	24 	25 	26 
29 	30 	<p>Winter Break</p> <p>Menus are available online at: http://www.smyrna.k12.de.us.</p> <p>"The Smyrna School District is an equal opportunity employer and does not discriminate against employees, applicants, visitors, or others, and does not deny access to educational or other services, based on any characteristic prohibited by law." Federal Nondiscrimination Statement on reverse side.</p>		

GRAB YOURS TODAY!

GRAB & GO AVAILABLE IN SMYRNA SIDE ENTRANCE OF THE SCHOOL

MEAL PRICES

Student Breakfast: FREE
Student Extra Entrée: \$1.00
Adult Breakfast: \$3.50
Adult Breakfast Entrée Only: \$2.00

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MENU SUBJECT TO CHANGE

Smyrna High School

DECEMBER 2025 Lunch Menu

Health-e Pro 

CHOICE
OF FAT FREE FLAVORED
1% WHITE & SKIM MILK DAILY
WHOLE FRESH FRUIT
OFFERED DAILY

MON

TUE

WED

THU

FRI

1 **Mozzarella Sticks**
or
Spicy Mozzarella Bites
Marinara Sauce
Waffle Fries
Seasoned Broccoli
Cinnamon Applesauce
Cup

2 **Chicken Sandwich**
Tater Triangles
Seasoned Broccoli
Vegetarian Baked Beans
Frozen Fruit Cup

3 **Spicy Honey,**
Mango Habanero, or Plain
Boneless Wings
w/ **Biscuit**
Homemade Mac & Cheese
Seasoned Corn
Celery Sticks w/ Dip
Seasoned Carrots
Apple Slices

4 **Beef & Cheese**
Nachos
Baked Potato
Buffalo Cauliflower
Salsa Cup
Cool Tropic

5 **Grilled Cheese**
Tomato Soup w/
Goldfish Crackers
Seasoned Green Beans
Pineapple Cup

8 **School Closed**
Inservice Day


9 **Chipotle Chicken**
Sandwich
or
Cheesesteak Melt
Crinkle Cut Fries
Jalapeno Cilantro Cole Slaw
V-Blend Juice
Diced Peaches

10 **Walking Taco**
or
Burrito Bowl
Cilantro Lime rice
Seasoned Black Beans
Fiesta Corn
Salsa Cup
Pineapple Cup

11 **French Bread Pizza**
Vegetable Soup
Potato Wedges
Seasoned Green Beans
Sidekick

12 **Mandarin**
Orange Chicken
w/ Rice & Egg Roll
or
Chicken & Vegetable
Dumplings w/ Rice & Egg roll
Steamed Broccoli
Orange Glazed Carrots
Mandarin Orange Cup

15 **Chicken Tenders**
w/ **Garlic Bread**
Pepperoni Potato
Bake
Steamed Peas
Hot Apple Slices

16 **Cheese**
Quesadilla
or
Fish Filet Sandwich
Texas Ranchero Beans
Sweet Potato Wedges
Cinnamon Diced Pears

17 **Breakfast for Lunch**
Chicken Sausage
w/ **Pancakes**
Maple Brown Sugar
Carrots
Spinach Side Salad
Froot Joocce

18 **Holiday Meal**
Roast Turkey
Stuffing
Dinner Roll
Mashed Potato & Gravy
Seasoned Green Beans
Sweet Potato Casserole
Cranberry Sauce
Brownie Delight
Apple Slices

19 **Pizza Bagels**
Seasoned Broccoli
Italian Blend Vegetables
Hot Apple Slices

22 

23 

24 
Winter Break

25 

26 

29 
Winter Break

30

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Additional Entrees Offered

Daily:
PB&J Sandwich
Assorted Wraps
Fruit Salad w/ Breadstick

Monday, Wednesday and Friday:
Chicken Caesar Salad w/
Breadstick
Hummus Platter
EAGLE LUNCHABLES
(Cheese/Pepperoni/BBQ Chicken
Pizza)

Tuesday and Thursday:
Buffalo Chicken Salad w/
Breadstick
Fruit Parfait
w/
Granola & Breadstick
Turkey & Cheese Sub

MEAL PRICES

Student Lunch: \$1.50
Student Extra Entrée: \$2.00
Various Snacks: \$1.25+
Adult Lunch: \$5.25
Adult Lunch Entrée Only: \$3.50

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MENU₂
SUBJECT TO
CHANGE

CACFP December Menu 2025



Health-e Pro 

MON	TUE	WED	THU	FRI
1 Cheez-Its Sunflower Seeds Cheese Stick Applesauce Cup V-Blend Juice Milk and Water	2 Waffle Envoy Peanut Butter Cup Cheese Cubes Craisins Carroteenies Milk and Water	3 Graham Cracker Cheese Cubes (2) Applesauce Cup Carroteenies Milk and Water	4 Chocolate Chip Muffin Top Cheese Cubes PNB Cup Apple Slices Carroteenies Milk and Water	5 Ultra Bread PNB Cup Cheese Stick Apple Slices V-Blend Juice Milk and Water
8 School Closed *Inservice Day* 	9 Graham Cracker Cheese Cubes (2) Applesauce Cup V-Blend Juice Milk and Water	10 Soft Pretzel Cheese Dip Cheese Stick Craisins Carroteenies Milk and Water	11 Cornbread Loaf Cheese Stick (2) Raisins V-Blend Juice Milk and Water	12 Peanut Butter & Jelly Cheese Stick Apple Slices Carroteenies Milk and Water
15 Graham Cracker Cheese Cubes (2) Applesauce Cup Carroteenies Milk and Water	16 Muffin Cheese Stick (2) Craisins V-Blend Juice Milk and Water	17 Waffle Envoy Peanut Butter Cup Cheese Cubes Craisins Carroteenies Milk and Water	18 Ultra Bread PNB Cup Cheese Stick Apple Slices Carroteenies Milk and Water	19 Cheez-Its Sunflower Seeds Cheese Stick Apple Sauce V- Blend Juice Milk and Water
22 	23 	24 	25 	26 
<div> <div>←</div> <div>Winter Break</div> <div>→</div> </div>				
29 	30 	<div> <div>←</div> <div>Winter Break</div> <div>→</div> </div>		

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ANNOUNCEMENTS

The Child and Adult Care Food Program (CACFP) is available to students for scheduled* after school activities

*Teachers/ coaches must schedule CACFP snacks with the cafeteria manager before the day of the event

At Smyrna High School and Smyrna Middle School, CACFP is available to students daily after school at the Snack Shack

This institution is an equal opportunity provider.

MEAL PRICES

CACFP is provided to students at no cost



MENU 4
SUBJECT TO
CHANGE

In accordance with federal civil rights law and USDA civil rights regulations and policies, the USDA, its agencies, offices, employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotope, American Sign Language, etc.) should contact the state or local agency that administers the program or contact USDA through the Telecommunications Relay Service at 711 (voice and TTY). Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. **Mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Mail Stop 9410, Washington, D.C. 20250-9410; or
1. **Fax:** (202) 690-7442; or
2. **Email:** program.intake@usda.gov.

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